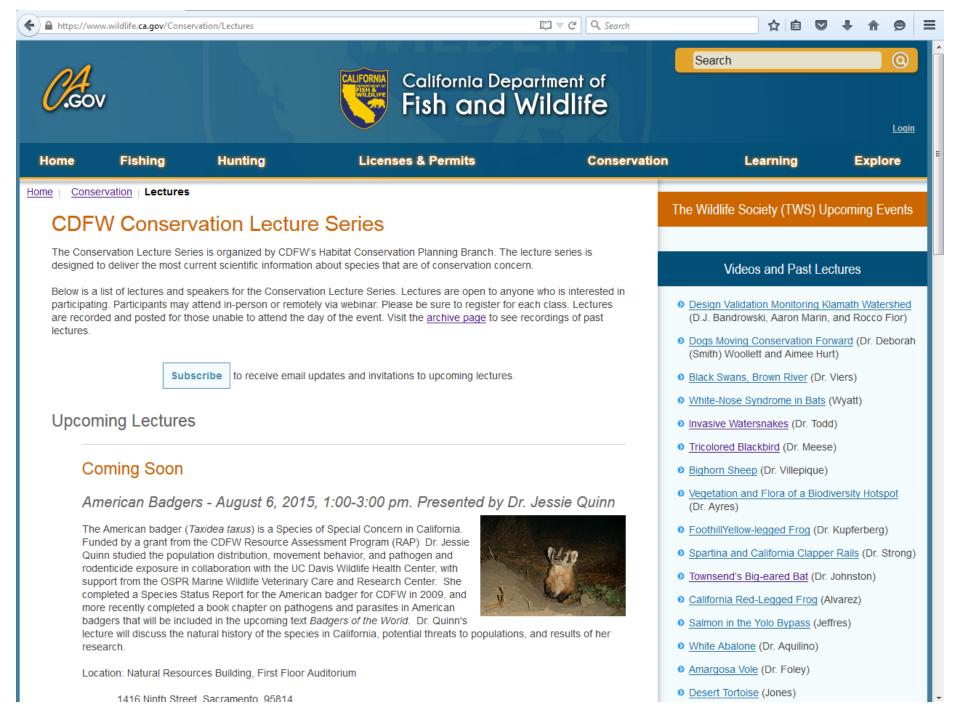
# Welcome to the Conservation Lecture Series



## https://www.wildlife.ca.gov/Conservation/Lectures

Questions? Contact Margaret.Mantor@wildlife.ca.gov





#### Process-based Restoration to Help Farmers and Fish-Why California Needs 10,000 More (Ecologically Functional) Dams



Michael M. Pollock NOAA Fisheries-Northwest Fisheries Science Center, Seattle Washington Brian Cluer NOAA Fisheries Western Regional Office, Santa Rosa, California

# Topics

#### Why dam channels to restore them?

- Answer: To create stage zero channels
- Definitions

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- Ecologically Functional Dams
- Stage Zero Channels or Fluvial Systems
- Stage zero channels
  - Attributes
  - Occurrence on the landscape
  - Ecological Importance
  - Process-based principles for restoring zero order channels and the role of EFDs
  - Examples at multiple scales

# Definitions

#### Ecologically Functional Dams

- Natural, semi-permeable instream structures (or their human analogues), which slow transport rates of sediment and water and help to create, restore or maintain stage zero channels
- Consist of natural materials such as wood and other organic matter, live vegetation, rock, and mud
- Examples: wood jams, beaver dams, rock slides, debris jams, standing live trees and shrubs, emergent vegetation

# Definitions

#### Stage Zero Channels

- A dynamically meta-stable network of anabranching channels with vegetated islands, which creates physically and biologically complex habitat that provides high levels of ecological goods and services. Occur across a wide range of stream sizes.
- Typical characteristic include: well connected floodplains with elevated water tables, multithreaded channels, spatially variable hydrologic regimes and structurally complex aquatic and riparian habitat.

# Hydrological Regime

 Floods diffused over the full width of the floodplain so flood peaks are maximally attenuated. Flood pulses diffused and subdued. High water table and close connection between stream flow and ground water ensures reliable base flows and continuous hyporhesis, though flow in smaller anabranches may be ephemeral

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# **Hydraulics and Substrate**

 Multiple channels provide maximum in-channel hydraulic diversity through partition of discharge between branches that widens range of in-channel depth/velocity combinations. Anabranches create multiple slow water margins and channels. Wide range of substrate grain sizes arranged into numerous, well-sorted bed patches.

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# **Dimensions and Morphology**

Multiple anabranches, islands and side channels. Morphological features abound in-channel and on the extensive and fully connected floodplain, providing a high capacity to store sediment and wood and supporting diverse wetlands and aquatic habitats. Bank heights are low with stability enhanced by riparian margins, but some unvegetated banks are generated by localized erosion. Network and floodplain are highly resilient to disturbance, buffering the system.

# Vegetation

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Frequent, small channel adjustments and high, reliable water table create ubiquitous settings for proliferation and succession of aquatic, emergent, riparian and floodplain plants. Wet woodlands on islands and floodplain supply and retain wood, and widespread vegetation proximal to channels produces abundant leaf litter. When present, beaver use vegetation to build dams and lodges. Biogenic obstructions such as large wood, beaver dams and live vegetation help to create and retain an anabranching channel pattern.



if undisturbed.

## Where Do Stage Zero Channels Occur?

#### Sediment supply zone: Weathering and erosion of steep slopes. Multiple tributaries collect sediment and supply it to the mainstem. Forced settings have single thread channels. Intermittent mountain meadows and valleys have Stage 0-1 channels where undisturbed. Alluvial fan zone: Depositional fans accumulate coarse sediment, buffering transfers downstream. Frequent avulsions in multiple Stage 0-1 channels, if undisturbed. Transfer zone: Main stream receives and exchanges coarse sediment loads with floodplain, buffering downstream transfer. Domain of Stage 0-1 channels if undisturbed. **Deposition zone:** Fine sediment is naturally deposited on floodplain/coastal plain or as a From Cluer and Thorne 2014 delta. Domain of Stage 0-1 channels



# **Stage Zero Examples**

#### Salmon River, Idaho





# **Stage Zero Examples**

# Lemhi River, Idaho



# **Stage Zero Examples**



#### Peel River, Canada





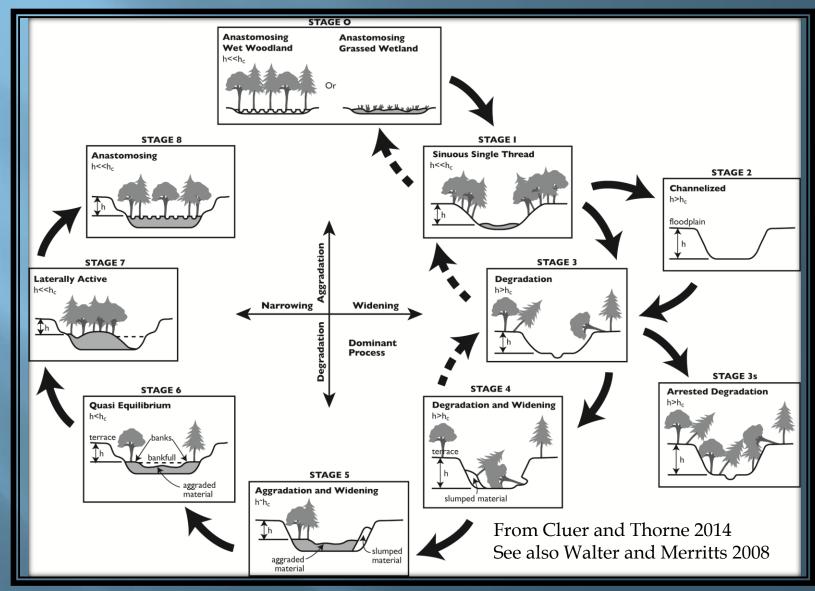
# Stage Zero Examples



 Wenaha River Tributary, Eastern Oregon

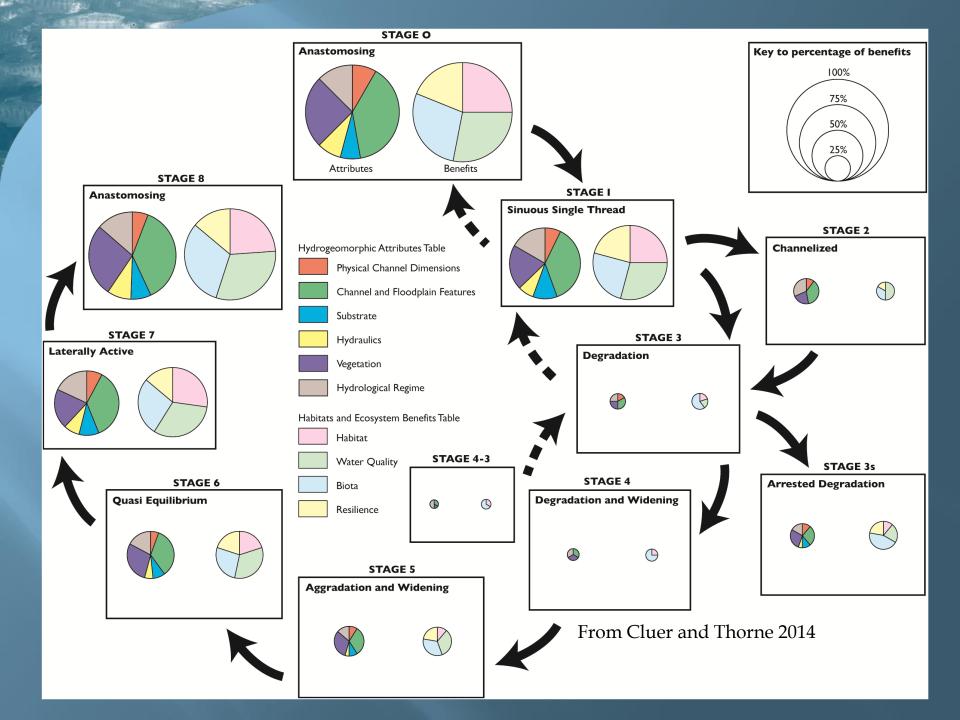
#### The Stage Zero Channel as a Recovery Goal

**NOAA** 

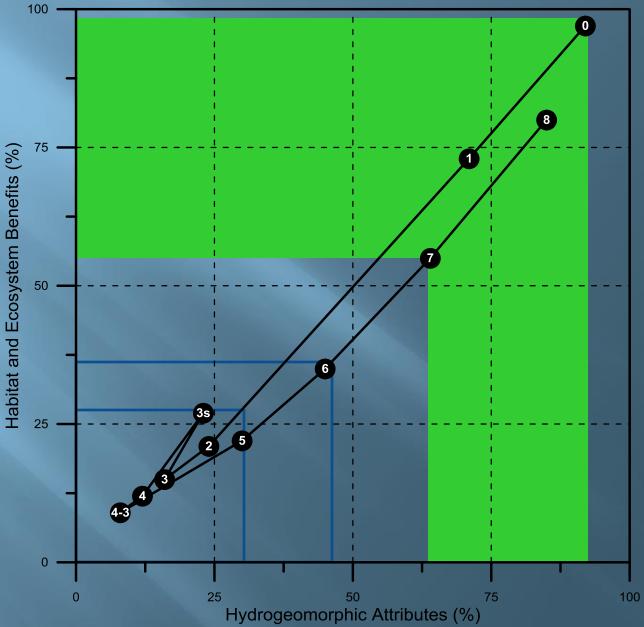




June Hat and Facer			Tabla								
Habitat and Ecosys	stem Be	enerits	lapie	1 Marca							
Stage	0	1	2	3	3s	4	4-3	5	6	7	8
Habitat											
Flood Refugia	3	2	0	0	0	0	1	1	1	2	2
Drought Refugia	2	3	0	0	0	0	0	0	1	3	2
Exposed tree roots	3	1	0	1	1	1	0	0	1	1	3
Water Quality											
Clarity	3	2	1	0	0	0	0	1	2	2	3
Temperature amelioration (shade and hyporheic flow)	3	3	1	1	2	0	0	1	2	3	3
nutrient cycling	3	2	1	0	0	0	0	1	1	2	3
Biota											
Biodiversity (species richness and trophic diversity)	3	2	0	1	1	1	1	1	1	2	3
Proportion of Native Biota	3	2	1	1	1	1	1	1	1	2	3
1st and 2nd Order Productivity	3	2	1	1	2	1	0	1	2	2	3
Resilience											
Disturbance	3	3	1	0	1	0	0	1	1	2	2
Flood and Drought	3	2	0	0	1	0	0	1	2	1	2
				Re	sults						
possible	33	33	33	33	33	33	33	33	33	33	33
sum	32	24	6	5	9	4	3	9	15	22	29
ratio	97%	73%	18%	15%	27%	12%	9%	27%	45%	67%	88%

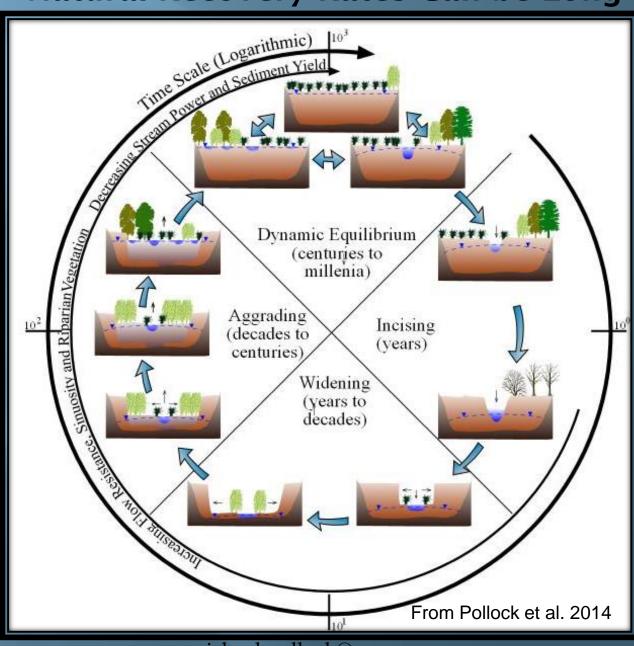






#### **Natural Recovery Rates Can be Long**

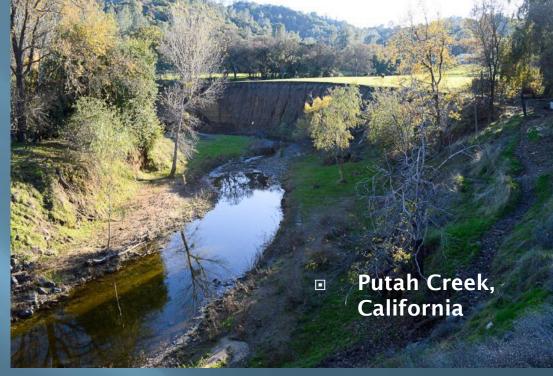
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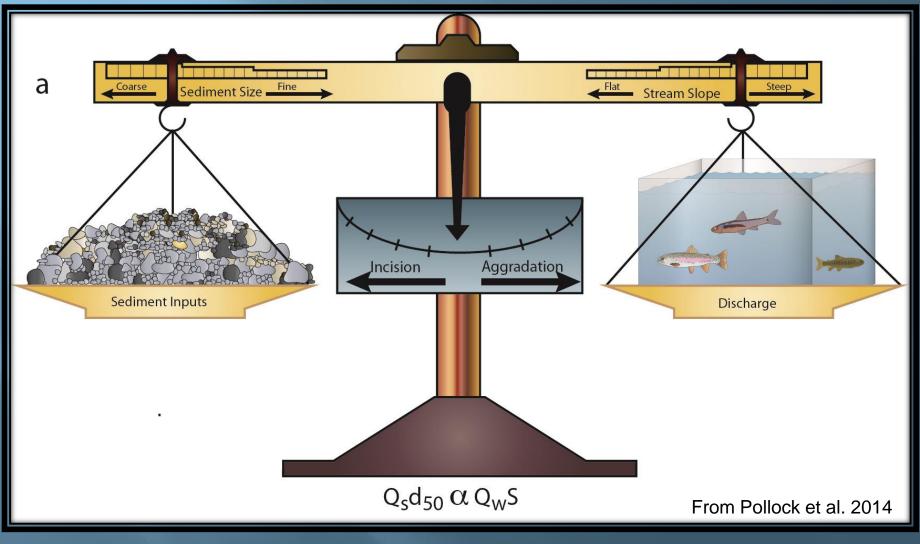
# Take Home Messages



- Degraded streams have limited ecological function
- The scale of restoration needs to be commensurate with the scale of the actions that caused the degradation
- Meaningful restoration needs to occur on a time frame relevant to recovery time frames for target species (e.g. salmon) so as to avoid extinction

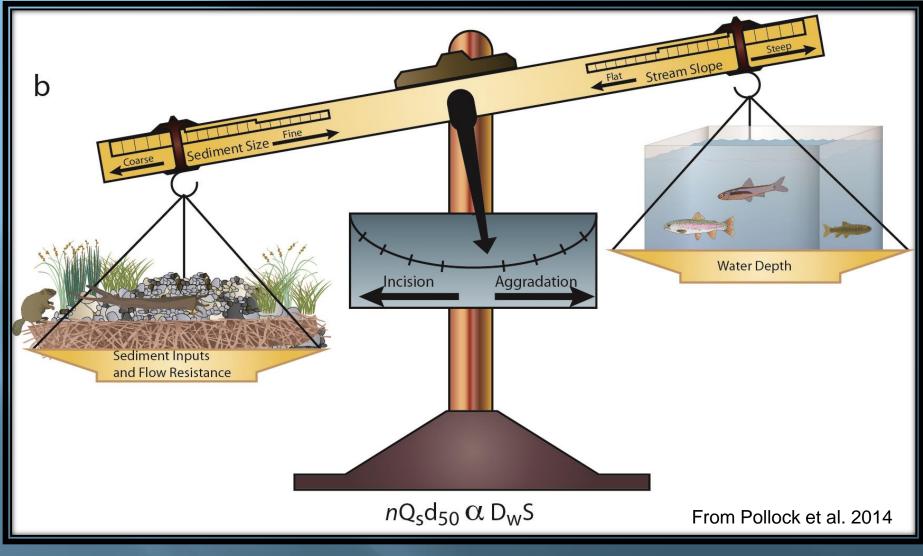


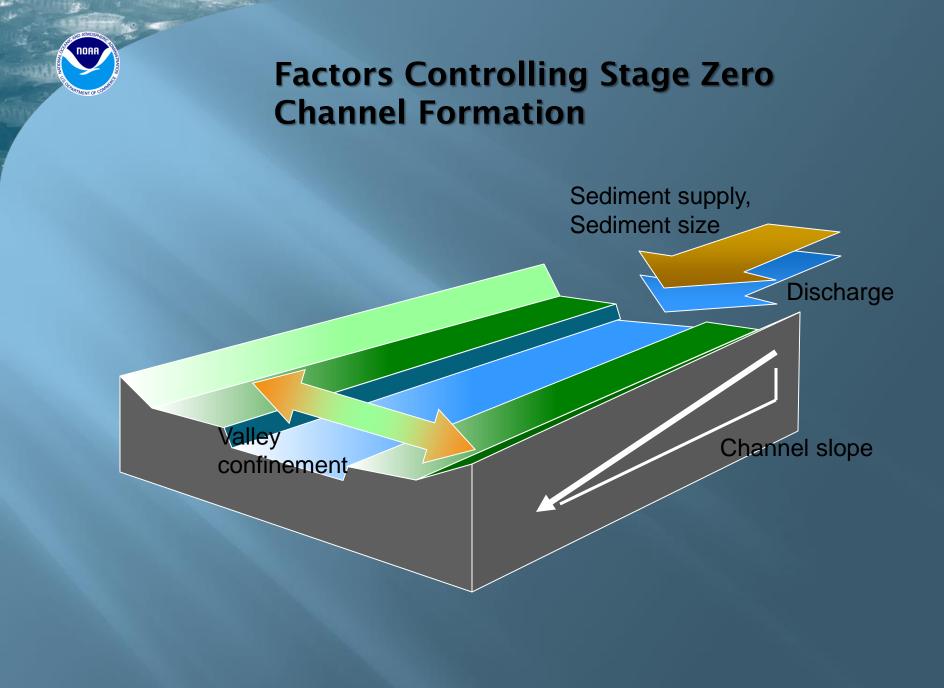
#### **Principles for building Stage Zero System**

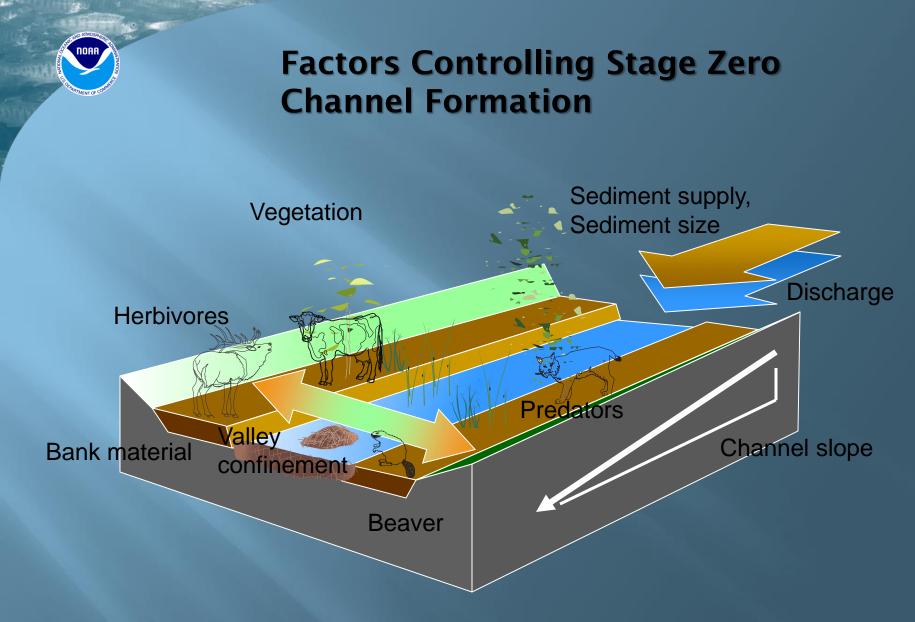


#### **Increased Flow Resistance is Essential**

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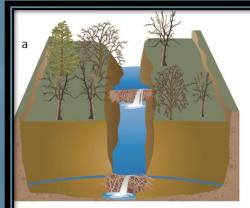


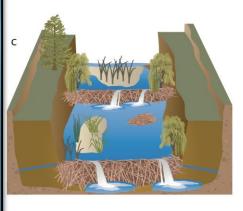




#### **Beaver Dams**

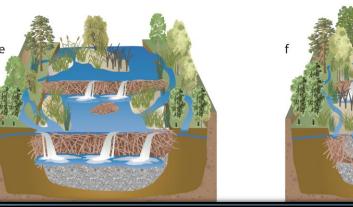
-Can reduce recovery times from Stage 1 to Stage 7-8/0 systems by 1-2 orders of magnitude (year to decades instead of decades to centuries)













# Beaver dams create complex habitat that provide many benefits

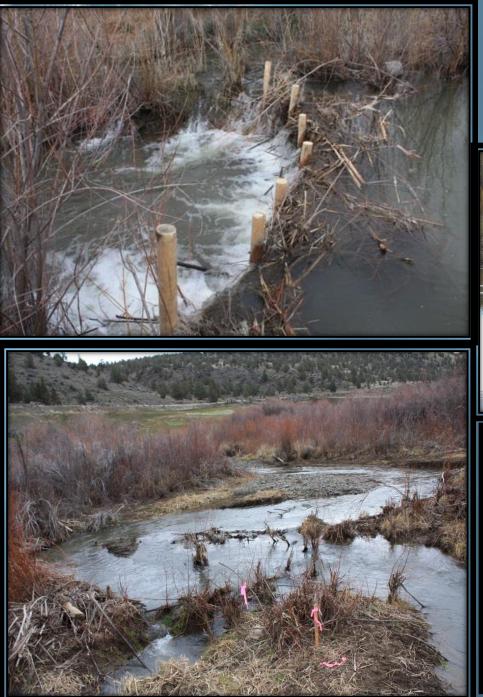
 Groundwater Recharge
 Expanded Riparian Vegetation Floodplain reconnection
 Groundwater Recharge

 Juvenile Rearing & Overwintering

Holding Pool

Cool Water Upwelling / Spawning Fish Passage

Hyporheic flowpaths



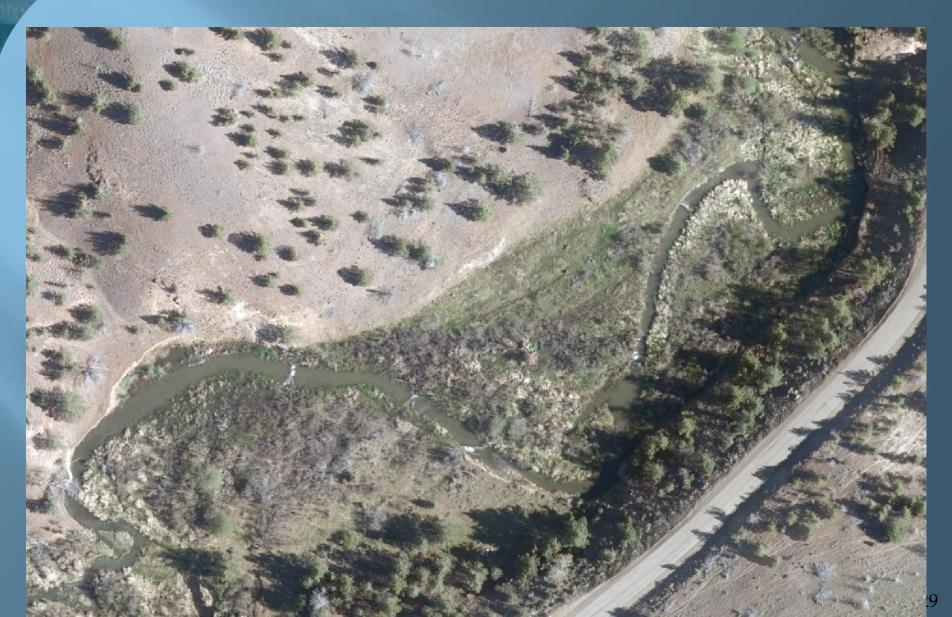
#### Beaver Dams and Beaver Dam Analogues



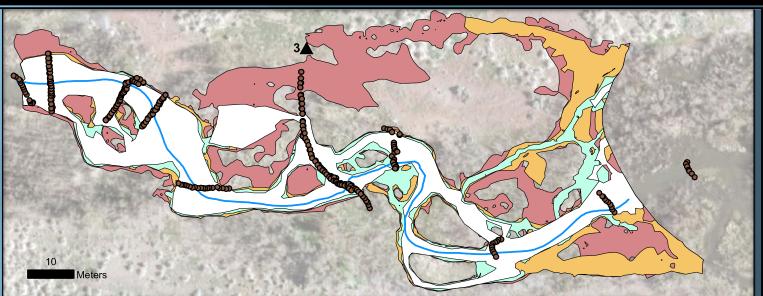




#### Beaver and BDAs creating a zero order "channel"



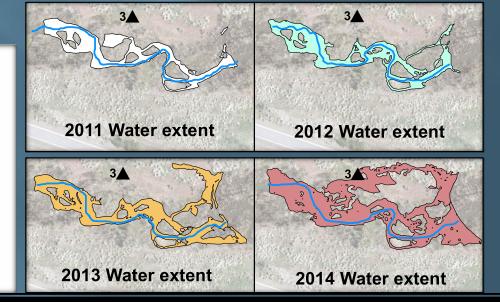
#### **Beaver and BDAs-a 5 year sequence**

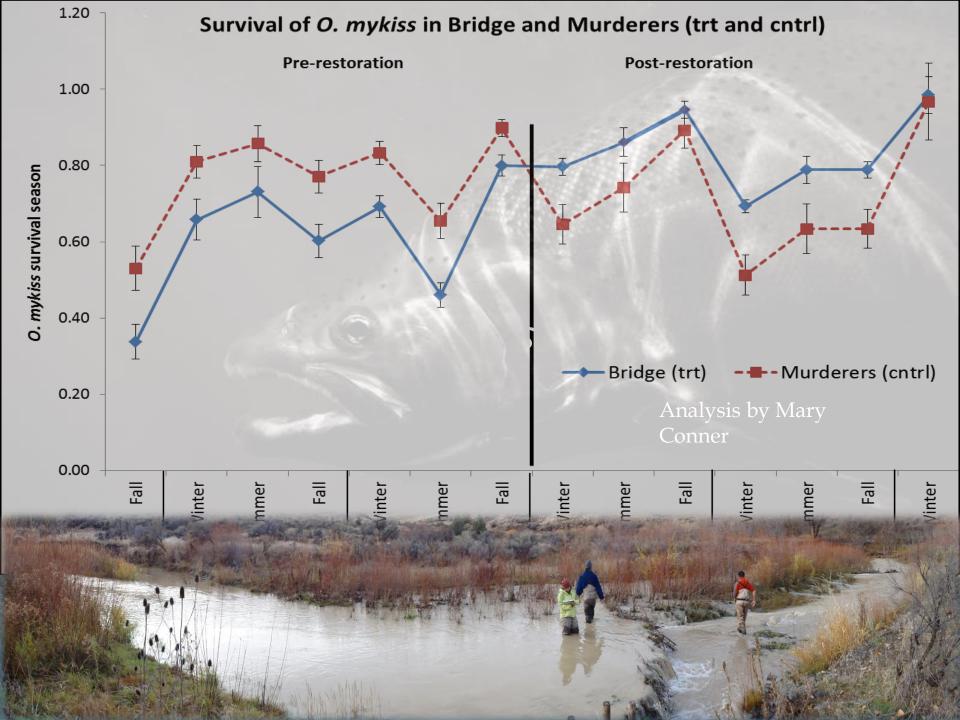


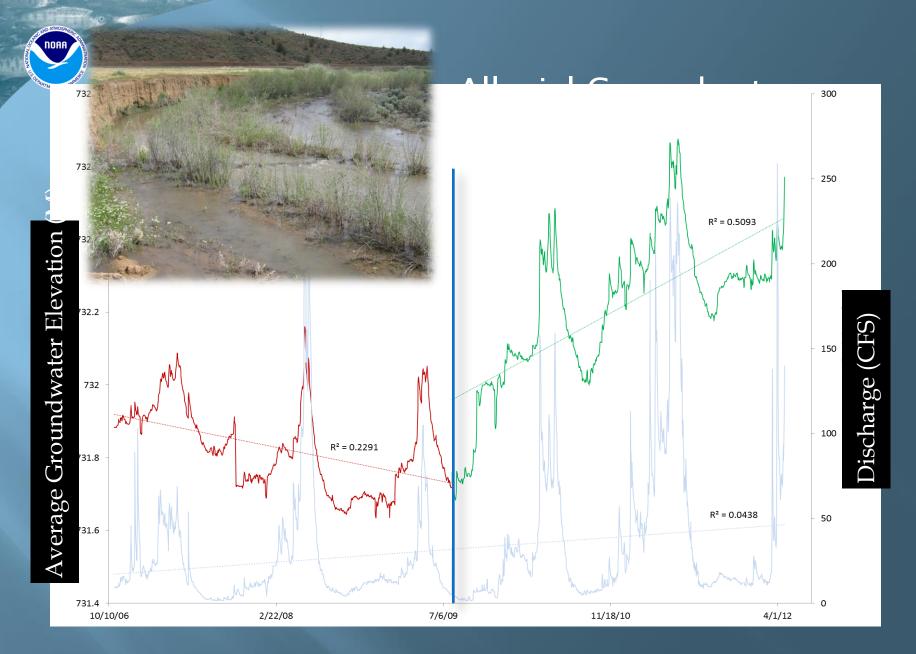
#### Carol Volk, Unpublished

NOAA

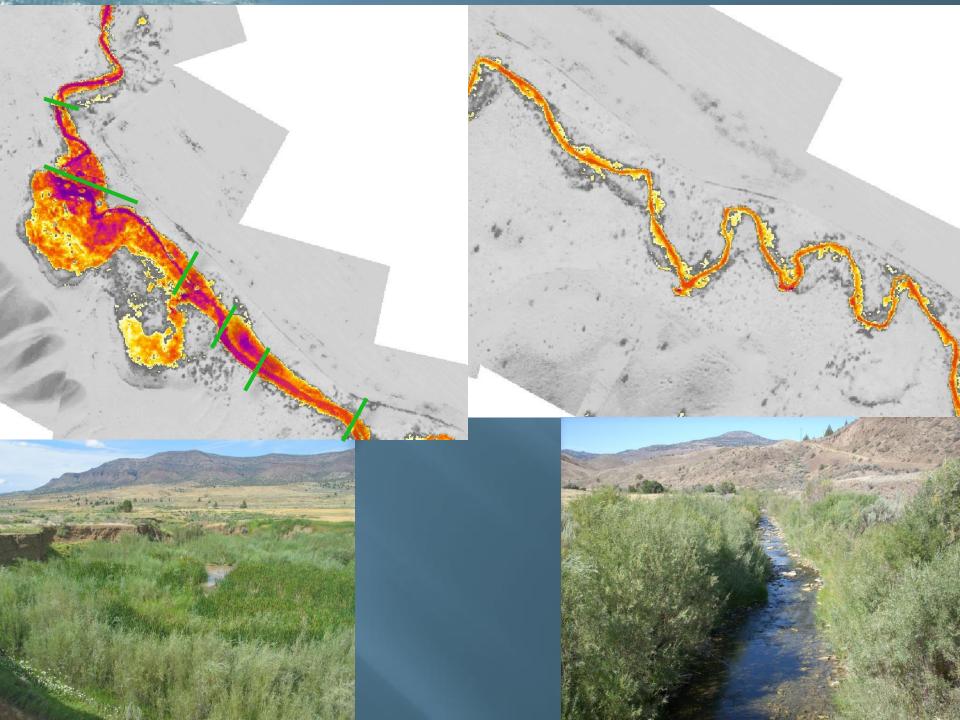
Since 2009, a combination of BDAs and beaver turned a narrow single thread channel with an infrequently inundated floodplain into a multithreaded channel with water levels close to the floodplain surface most of the year





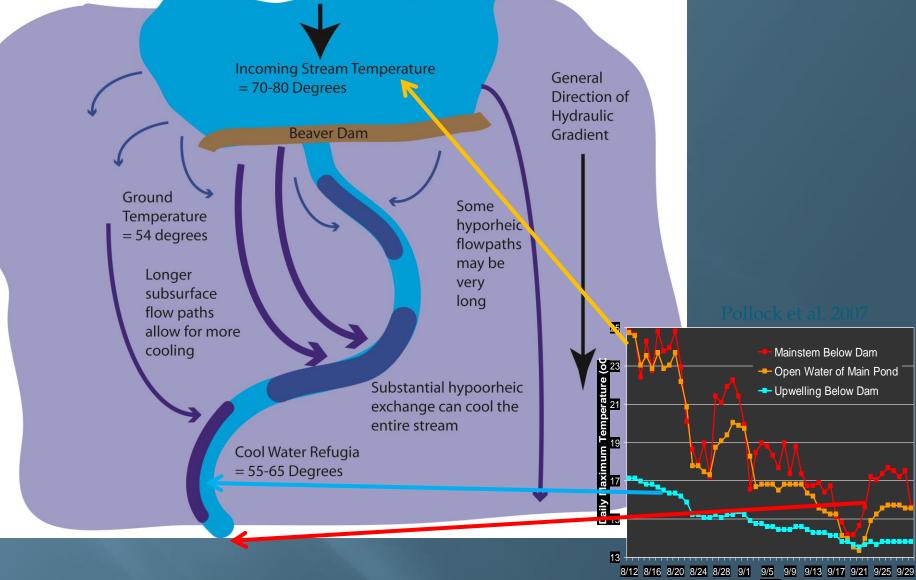


Time (2006-2012)



# Plan view of a beaver dam showing cooling effect of hyporheic flow paths

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### Wood Jams

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#### Post 5-yr RI flood WY15

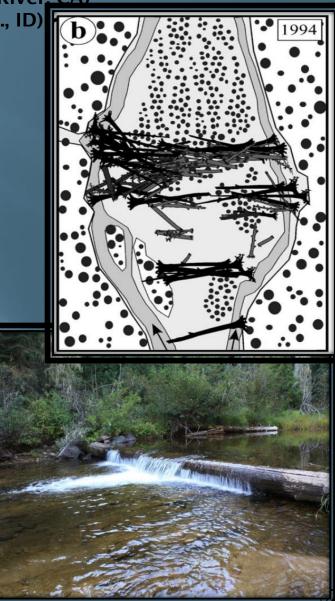
#### Courtesy of Rocco Fiori

#### **Wood-based Stage Zero Restoration Tools**

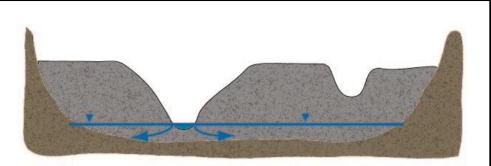
Log Steps (USFS-many locales, T. McKee-Mattole R., CA) Wood Jams (Many locales, e.g. Rocco Fiori, Klamath River, CA) Gravel Dams (Campbell Ranch-Silvies R., OR, CDA Tr., ID) Meander Dams (Quivira Coalition, NM) Constriction Dams (N. Bouwes-Asotin R., WA) Choke Dams (P. Devries-Idaho)



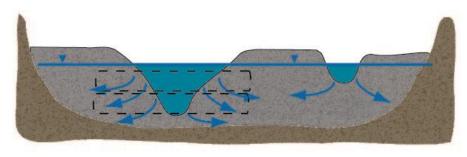
NOAA

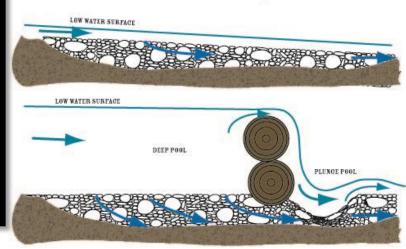


#### Process-based restoration restores processes, not specific habitat types

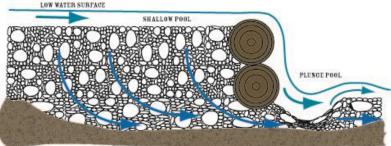


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# What types of structures are appropriate?

							Combination- Transport					
	Non-mobile>					->		>				
	Off- channel	Beaver		Log steps, Under-	Bank Input	Valley	Flow Def- lection	un- stable		mean- der	log	Debris flow
Location	ponds	Ponds	flow	flow	Debris	Jams	Jams	logs	jams	jams	rafts	jams
Low-gradient Habitat												
Tributary channel, unconfined,												
unentrenched	Х	х	Х	х	Х	Х	Х	Х				Х
Tributary channel, confined			Х	х	х	х		Х				
Tributary channel, entrenched			Х	x	х	Х	х	Х				х
Mainstem channel, unconfined,												
unentrenched	х	х			x	х	х	Х	Х	Х	Х	
Mainstem channel, confined					х	Х		Х				
Mainstem channel, entrenched					х	Х	х	Х	Х	Х	Х	
Estuary-distributary channels	Х	х	Х	х			х	Х				
Estuary-main channel								Х	Х	Х	Х	
a construction of the second se												
Medium Gradient, confined tributary												
<u>habitat</u>			Х	x	х	х		Х				
States in the second states in the												
High gradient, confined tributary habitat			х	х	Х	Х		х				

**NORR** 

## What are your goals? (coho as an example)

Renamer or configs						Flow	Bar-				
	Beaver		-	- Log Steps-			•	Meander	-		Unstable
	Ponds	Valley Jams	OF	UF	Input	Jams	Jams	Jams	Rafts	Jams	Wood
		<50m BFW, <									
Stream size	S	500m VW	S (< 10 m)	) S (< 10 m)	All	S, M	M,L	M,L	L	S	All
Slope	<8%	2-20%	1-70%	1-70%	All	<4%?	<3%	<3%	<2%?	6-20%	
Confined/Unconfined/Entrenched	All	C/U/E	C/U/E	C/U/E	C/U/E	U	U	U	U	С	C/U/E
Geomorphology	_										
Floodplain reconnectivity		Х	Х						Х		
bedrock to alluvium conversion		Х	Х						Х		
Increased planform complexity	Х	Х			Х	Х			Х		
Increased spawning gravel depths		Х	Х	S		S	х	х	Х		
Decreased spawning gravel mobility		Х	Х			Х			Х		
multichannel formation	Х	*				S	х		Х		
Sediment storage/aggradation	Х	ХХ	XX				Х		Х	XX	
Hydrology/Hydraulics											
Extensive slow-water habitat	XX								Х		
Increased streamflow/GW recharge	Х	Х	Х						Х		
Hyporheic exchange	Х	Х	Х	S		х	х	х	Х		
Thermal refugia	Х	Х	Х						Х		
Upstream backwater pool	Х		S						Х		
Downstream scour pool	Х	Х	Х						?		
Under or lateral scour pool				Х	Х	Х	Х	Х	Х		
Biology/Other											
Increase riparian vegetation	X	Х	Х				Х		Х	хх	
Improved food production	Х	Х	Х						Х		
Cover	Х	Х	Х	Х	Х	Х	Х	Х	Х		Х
wetland formation	Х								Х		

DORR



### Types of "Dams" that Build Stage Zero Channels/Valleys-Scaling Up

Beaver Dams Live Vegetation Large Wood Levee Setbacks Landslides Alluvial Fans Sea Level (Rise) Tectonics

ncreasir 50 ime Scales

- **Key Functions:** 
  - Increase flow resistance,
- Lower slope
- Reduce stream power/unit width

# Levee Removal

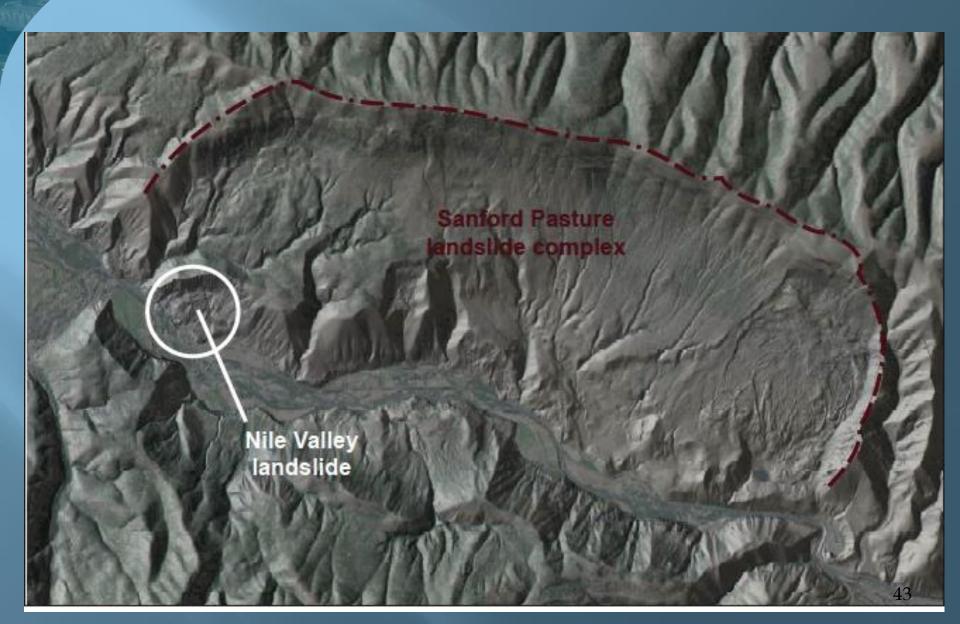
 Can (re)create stage zero systems if channel is at grade or perched

 In incised systems, flow/sediment obstructions can accelerate habitat recovery

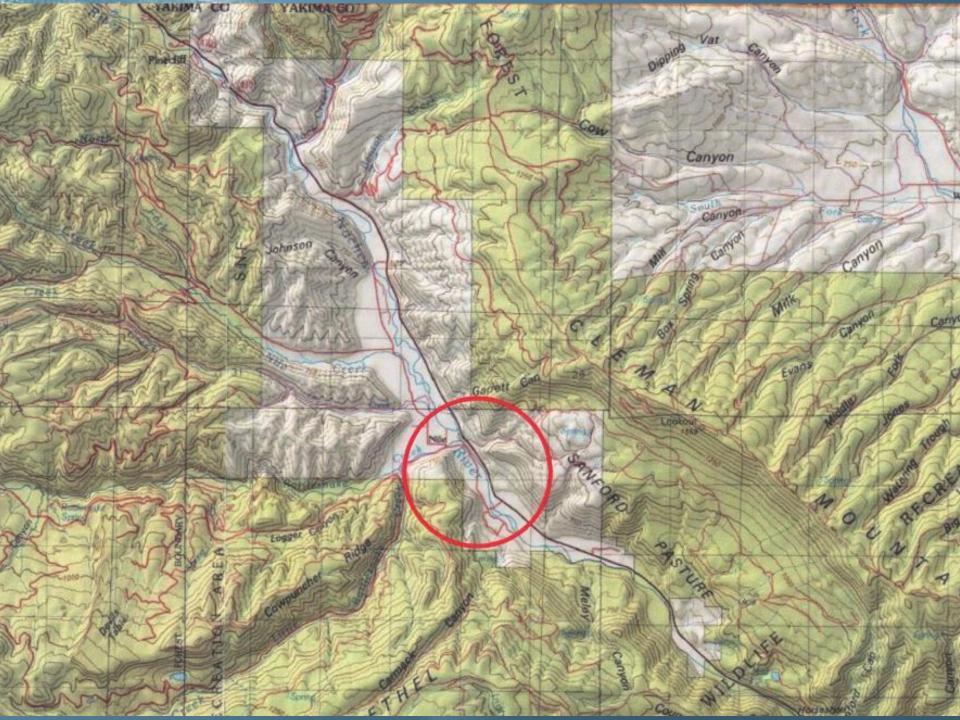


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#### Landslides-Naches River, WA (Nile Valley)



NOAA



# DORR HOLES

#### Landslides Create Good Salmon Habitat

#### Controls on valley width in mountainous landscapes: The role of landsliding and implications for salmonid habitat

#### C. May<sup>1</sup>, J. Roering<sup>2</sup>, L.S. Eaton<sup>3</sup>, and K.M. Burnett<sup>4</sup>

<sup>1</sup>Department of Biology, James Madison University, Harrisonburg, Virginia 22807, USA <sup>2</sup>Department of Geological Sciences, University of Oregon, Eugene, Oregon 97403, USA <sup>3</sup>Department of Geology and Environmental Science, James Madison University, Harrisonburg, Virginia 22807, USA <sup>4</sup>U.S. Forest Service Pacific Northwest Research Station, Corvallis, Oregon 97331, USA

#### ABSTRACT

A fundamental yet unresolved question in fluvial geomorphology is what controls the width of valleys in mountainous terrain. Establishing a predictive relation for valley floor width is critical for realizing links between aquatic ecology and geomorphology because the most productive riverine habitats often occur in low-gradient streams with broad floodplains, Working in the Oregon Coast Range (western United States), we used airborne lidar to explore controls on valley width, and couple these findings with models of salmon habitat potential. We defined how valley floor width varies with drainage area in a catchment that exhibits relatively uniform ridge-and-valley topography sculpted by shallow landslides and debris flows. In drainage areas >0.1 km<sup>2</sup>, valley width increases as a power law function of drainage area with an exponent of ~0.6. Consequently, valley width increases more rapidly downstream than channel width (exponent of ~0.4), as derived by local hydraulic geometry. We used this baseline valley width-drainage area function to determine how ancient deep-seated landslides in a nearby catchment influence valley width. Anomalously wide valleys tend to occur upstream of, and adjacent to, large landslides, while downstream valley segments are narrower than predicted from our baseline relation. According to coho salmon habitat-potential models, broad valley segments associated with deep-seated landsliding resulted in a greater proportion of the channel network hosting productive habitat. Because large landslides in this area are structurally controlled, our findings indicate a strong link between geologic properties and aquatic habitat.

sediment by providing space for the formation of debris flow fans. In addition, low-gradient broad valleys with old-growth forest store the great majority of above-ground and belowground carbon in mountain streams (Wobl et al., 2012). Understanding the links between hillslope processes and riverine habitat is particularly important for Pacific salmon (*Oncorhynchus* spp.) because these fish are intricately tied to Pacific Rim topography (Montgomery, 2000; Waples et al., 2008).

The goals of this paper are twofold. First, we seek to define an empirical relation between valley width and drainage area (akin to hydraulic geometry for river channels) in a setting with negligible influence from variable rock properties and deep-seated landslide activity. Our approach uses high-resolution topography generated from airborne lidar to define this baseding

# Sea levelthe ultimate dam

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Taku River (southeast) Alaska

Kuskokwim River, Alaska



#### MacKenzie River, Canada





#### Yukon River, Alaska

NOAR





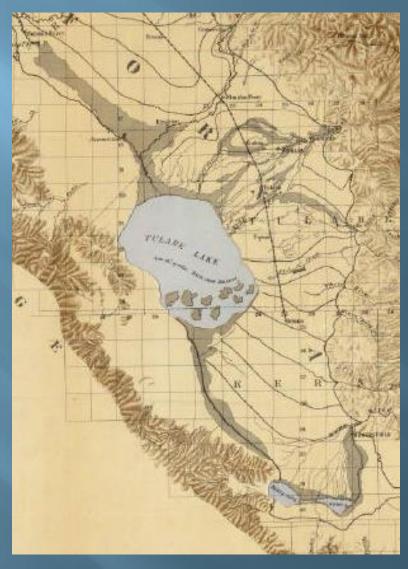


## Sacramento-San Joaquin Rivers-150 ybp





150 years ago, 5% of California was "wetlands", mostly in the Central Valley, really more of a wetland-river complex.

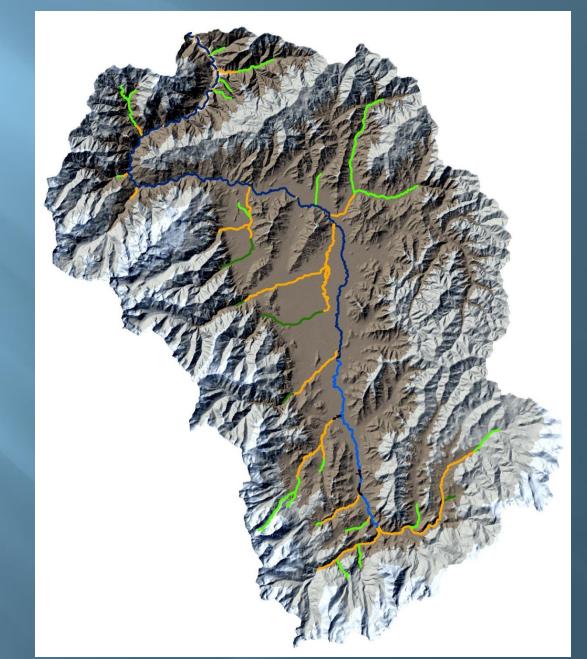








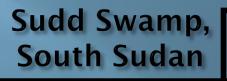
#### A Tectonic "Dam"-Scott River, Klamath Basin





#### Okavango River, Botswana





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#### Sea Level Rise-A Grade Changer

# If all the ice melts, >200 ft sea level rise

- 1-3 m rise predicted by 2100, but predicted rates keep increasing.
- Circa 5000 yrs for 200 foot rise (big error bars), but on the scale of the rise and fall of civilizations
- Need sediment to counteract rising seas.



National Geographic 2014

#### Really Big Low Head Dams as Tide Barriers--St Petersburg-16 mi Venice-1.5 mi (3 openings) Carquinez Strait? -1 mi



Sacramento, C

Google



**Current Water Management Paradigms are Causing Substantial Long-term Problems** 

-Is this a map of the past or a blueprint for the future?

-A 150 Year Restoration Plan? (Delta is currently sinking)

-No farms, no food, and... No water no farms, No sediment, no farmland

-Floods are inconvenient but droughts destroy civilizations



# Conclusions

Sediment is a resource

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- No sediment = no alluvial valleys
- Base flow water elevation is key design feature
- Three components to stream restoration
  - Sediment, Water and Biota
- These processes play out at multiple spatio-temporal scales to:
  - Lower stream and valley slopes
  - Lower stream power per unit width
  - Increase retention rates of both sediment and water
  - Benefit Fish, Benefit Farmers

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# Take Home Messages



- Degraded streams have limited ecological function
- The scale of restoration needs to be commensurate with the scale of the actions that caused the degradation
- Restoration needs to occur on a time frame relevant to recovery time frames for target species (e.g. 100 years for salmon) so as to avoid extinction

# **Regulatory Issues**

- In terms of adverse effects-spatial and temporal scales of effects needs to be reconsidered
  - Short-term v. long-term

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- Fine-scale v. coarse scale
- Individual v. population



# **Regulatory Scenarios-BDs/BDAs**

- Unknown what is in pond above BD nonC/ESA adult Chinook in pool below, no "human visible" fish passage
- 2. C/ESA juvenile coho in pond above BD C/ESA adult coho in pool below, no "human visible" fish passage.
- 3. C/ESA juvenile coho abundant in pond above BD C/ESA juvenile coho in pool below, no "human visible" fish passage.
- 4. Scenario 3 but below BDA, stream is drying up, and the last remaining wet reach is just below the beaver dam.



# **Regulatory Scenarios-BDs/BDAs**

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- 4. Scenario 3 but below BD, stream is drying up, and the last remaining wet reach is just below the beaver dam.
- 5. BD increases total amount of good habitat, but also increases total habitat that that is less good (e.g. temp, DO issues)





#### **Stage Zero Restoration:**

- = Process <u>discontinuity</u> management
- = habitat management,
  Does not = continuity management
- Sediment = Essential ingredient
  - Deposition and sorting
  - Aggradation
  - Erosion and avulsions
  - Sediment = a resource
  - No Sediment = No Valley floor
- Water
  - Flow diffusion
  - Groundwater recharge
  - Hyporheic exchange
  - Long inundation periods
  - Less distinction between wetlands and channels and floodplains

## **Stage Zero Attributes or Tendencies**

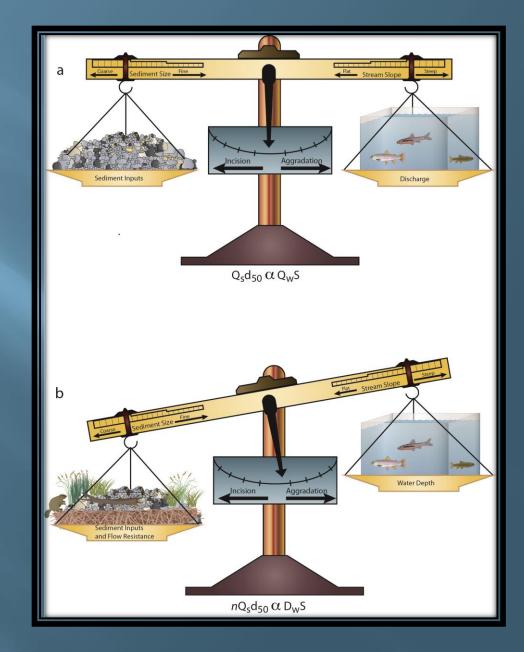
- Multi-threaded or no definable channels (vegetation)
- Common in unconfined, low-gradient valleys
- Low stream power/unit width
- Wide range of hydrologic conditions
- Abundant off-channel habitat w/long inundation periods
- Elevated water tables

NOAA

- Wide range of Velocity/Depth combinations
- Blurred line between wetlands and channels
- Biological flow resistance in channels, on banks and on stream adjacent surfaces (e.g. floodplains and midchannel islands)
  - Aquatic vegetation
  - Emergent vegetation
  - Live trees and shrubs
  - Dead trees
  - Beaver dams-dead trees and shrubs (N. Hemisphere)



Continuity of Sediment Transport or Habitat formation?





### Restoration "Toolkit" for Building Stage Zero Channels/Valleys

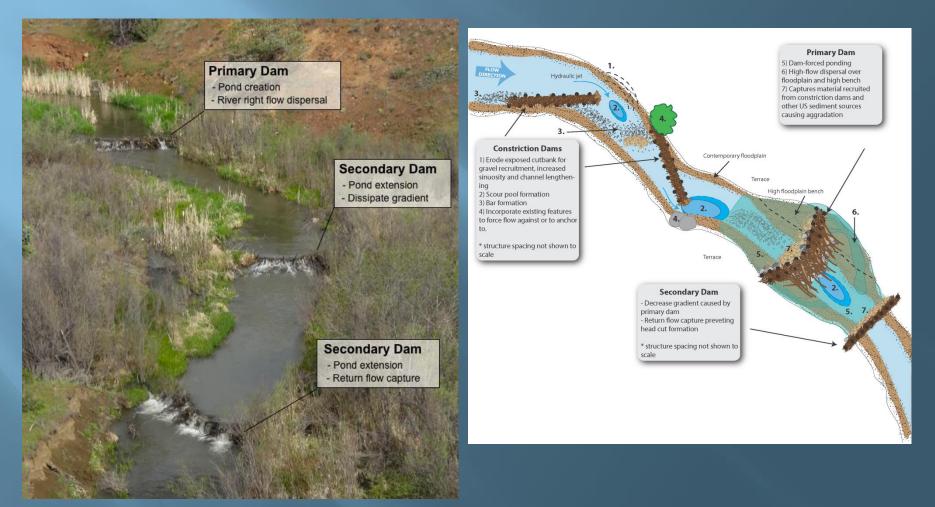
Beaver Dams Live Vegetation Large Wood Levee Setbacks Landslides Alluvial Fans Sea Level Rise Tectonics

ncreasir 50 Scale

- **These Tools:**
- Increase Flow Resistance,
- Lower Slopes
- Reduce Stream Power/Unit Width



#### **BDAs work together**



# Beaver Restoration v.2.12.15

#### michael.pollock@noaa.gov



Historical data helpful: e.g. extensive wetlands and beaver dams in Scott Valley

Mruns

Part Jones

A SAL

Das Fina E Migginsville Mar

Skukum Rock

Trek







Budger Peak

Courtesy of Siskivou County Museum, surveyed 1883-1885





Beaver and riparian vegetation have been part of stream ecosystems for a long-time, so we are currently in a somewhat unique situation



Photos Courtesy of Carol Evans BLM



# Where are you in the network?

