Introduction

CAN OUR OUTDOOR ENTHUSIASM AND NATURE COEXIST?

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[Note: As this special edition journal is published, our State, the nation, and the whole world are gripped by the corona virus pandemic. To slow its spread and not overwhelm limited healthcare resources, voluntary and mandatory directives for staying home, social distancing, and closing parks, reserves, and other public facilities have been put in place on a scale not seen for a hundred years, the time of the 1918 influenza (flu) epidemic.

Stories are emerging of more secretive wildlife seen in some park and urban areas normally filled with people, like the reports of bobcats roaming around empty Yosemite facilities, or an adult black bear roaming the nearly empty downtown Solvang. Hopefully, the pandemic and its horrible devastation will be over very soon, and we may again visit and appreciate our parks and wilderness areas. Hopefully, too, we may gain more information on wildlife's response to fewer visitors that helps us improve our management of parks and reserves in a way that protects wildlife and their habitat while also providing for great recreation experiences.]

"Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul alike" (The Yosemite, 1912). John Muir wrote so eloquently of the importance of taking time to be in, and play in, Nature to heal and nourish our spirit and help us to balance the challenges of our everyday lives. Now more than ever, people find a need to balance their work and domestic lives with the wonders, serenity, and invigorating challenges inherent in playing in Nature. In a world increasingly dominated by computers, cyberspace, and cities, people find a need to go and enjoy the Great Outdoors.

But what is the capacity of Nature to absorb the onslaught of millions of us hiking, riding, flying, boating, and otherwise tromping around the forests, fields, mountains, valleys, streams, and rivers on the other 40,000 or more species that also live in and depend on California? An increasing body of evidence is emerging that indicates non-consumptive recreational activities like hiking and biking, which don't involve harvesting of resources, can have harmful effects on species, their habitat, and efforts to protect them. As our population continues to grow and new and popular recreation technologies develop, California's natural areas are experiencing increased and changing recreation demands, such as increased numbers of hikers, nighttime group trail biking with lights, and electronic mountain bikes in wilderness areas.

Many federal, state, and local agencies' missions include non-consumptive, outdoor recreation, since it is often believed to be consistent with wildlife conservation. It is also widely believed that those who know and observe Nature are more likely to appreciate and protect her resources. Recently, however, several sites acquired primarily for conservation

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have experienced extreme recreation pressures such as the Disney-like crowds coming out to see "superblooms" of native flowers of the desert in the spring or mountain biking occurring in areas where it is illegal along with the creation of several miles of unauthorized trails. So, how can we continue to provide for and manage appropriate, legal recreation opportunities while also protecting California's amazing and vast diversity of plants, fish, and other wildlife species and their habitats? How and where can we acquire separate lands for recreation access and for protecting habitat instead of frequently demanding too much recreation access on lands set aside for conservation of species and habitat? And, how can we facilitate various consumptive and non-consumptive recreation groups (e.g., hikers, mountain bikers, equestrians, off-highway vehicle users, hunters, anglers) and conservation groups (e.g., environmental activists, land trusts, resource agencies) to work together to advocate for acquiring and managing separate recreation and conservation lands instead of increasingly coming into conflict with one another over the use of the same lands for both purposes?

This special edition journal seeks to tackle this and related questions. In the introductory essay, "Non-consumptive Recreation & Wildlife Conservation: Coexistence through Collaboration," Dr. Ashley D'Antonio points out the unique need and opportunity California has for addressing recreation use as a social-ecological system (SES) based on its high biodiversity and quickly increasing recreation use of protected lands. Mitrovich, Larson, Barrows, Beck, and Unger, in "Balancing Conservation and Recreation," point to a need for recreation and conservation stakeholders to work together to ensure that sufficient areas are acquired for both uses and to help plan and manage conservation lands better to reduce adverse effects on wildlife and natural resources. They summarize some of the varied research going on in the field, on wildlife behavior and physiology, habitat degradation and fragmentation, reproduction and survival, community composition and richness, and other topics. Indirect effects like the shifts in day and night activity patterns between predators and prey lead to questions on what effects that has on wildlife interactions and possible changes that may lead to in a whole ecosystem. Two case studies cover visitor perceptions and values, and the importance of having groups with different values come together and work through their differences to build trust and facilitate better management decisions and stakeholder support.

The research paper, "Increased hiking and mountain biking are associated with declines in urban mammal activity," by Larson, Reed, and Crooks provides findings on how some wildlife can respond rapidly to changes in the levels of human disturbance, which may help planners design targeted trail closures to reduce recreation impacts in important areas. Townsend, Hammerich, and Halbur conducted somewhat similar research to that of Larson, Reed, and Crooks and present their findings in "Wildlife occupancy and trail use before and after a park opens to the public." Their research provides good insights into how differently various wildlife species respond to trail use by people, including strong differences in how soon and how much species may habituate to people's presence. Baas, Dupler, Smith, and Carnes make the case in "An assessment of non-consumptive recreation effects on wildlife: current and future research, management implications, and next steps" for doing more research to help wildlife and park managers more effectively manage and respond to non-consumptive recreation impacts on wildlife species and their habitats.

Elizabeth Lucas points out deficiencies and a need to improve how recreation is sited, monitored, managed, and enforced in protected areas in her paper, "Recreation-related disturbance to wildlife in California – better planning for and management of recreation are vital to conserve wildlife in protected areas where recreation occurs." She also provides a review of several research papers in her paper, "A review of trail-related fragmentation, unauthorized trails, and other aspects of recreation ecology in protected areas." Elizabeth points out the need for sufficient funding, science-based approaches to managing protected areas, and educating the public on recreation effects on wildlife, to achieve real protection of species and to retain the benefits of the protected lands. Elizabeth suggests several funding options including a compelling argument for establishing a recreation equipment excise fee or tax like those paid for over 80 years now by hunters and anglers to benefit habitat conservation. With so much use of outdoor areas now by "non-consumptive" recreation uses, and with declining popularity of hunting activities in the population at large, is it time to institute such a change for recreational users to pay their share of conserving and managing habitat?

Together, the articles in this special journal edition cover a broad array of research on recreation effects on wildlife. They provide interesting perspectives and offer a variety of solutions. Learning how to best manage non-consumptive recreation to provide great outdoor experiences while minimizing harmful effects on wildlife will continue to evolve as we learn more from research and experience. We hope that you find this special edition journal useful in your own exploration of this important and emerging field.

"Keep close to Nature's heart... and break clear away, once in a while, and climb a mountain or spend a week in the woods. Wash your spirit clean." – John Muir