

## **Recreation-related disturbance to wildlife in California – better planning for and management of recreation are vital to conserve wildlife in protected areas where recreation occurs**

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Expanding levels of authorized and unauthorized non-consumptive recreation increasingly threaten sensitive biological resources in areas protected primarily or solely to conserve them. As California's human population grows, recreational use in protected areas grows commensurately. The majority of the documented effects on wildlife from non-consumptive recreation are negative; they include detrimental changes in behavior, reproduction, growth, immune system function, levels of stress hormones, and finally, to the survival of individual animals and persistence of wildlife populations and communities. This paper provides insights from the recreation ecology literature into these recreation-related disturbances to insects, amphibians, reptiles, birds, and mammals from hiking, jogging, biking, horseback riding, boating, and off-highway/all-terrain vehicles. The documented evidence of these disturbances to wildlife reveals the flaw in the prevalent assumption that recreation is compatible with biological conservation, the dual-role protected areas' core function. This assumption usually rests on the expectations of (1) allowing only ecologically sound siting of recreational areas and ecologically acceptable types, levels, and timing of recreation, and (2) providing sufficient monitoring, management, and enforcement of recreation to ensure the perpetuation of viable populations of focal sensitive species. However, it is rare that these expectations are met. The ultimate essential outcome of the information provided in this paper is the cessation of the extant recreation-related exploitation of dual-role protected areas. This calls for a societal course change involving: widespread, long-term, and continual multimedia dissemination of the science-based information about recreation-related disturbance to wildlife; application of a science-based approach to siting recreational areas and allowing only ecologically acceptable types, levels, and timing of recreation; and, perpetual personnel and funding explicitly for management at levels commensurate with recreational pressure. These measures would also improve the often cited economic, educational, and recreational/health benefits of dual-role protected areas.

Key words: dual-role protected areas, enforcement, fragmentation, management, multimedia education, non-consumptive recreation, perpetual funding, planning and siting of trail networks, recreational disturbance to wildlife, unauthorized trails

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Conserving habitats is a key strategy for conserving biodiversity worldwide (Pickering 2010). In California, the core function of many areas protected for conservation is to ensure the perpetuation of sensitive species (i.e., species whose persistence is jeopardized), as is appropriate for the nation's most biologically diverse state (CDFW 2015). The level of land conservation that California enjoys is intended to ensure that the state's globally renowned biodiversity remains intact. However, of all the states in the USA, California hosts the most listed species imperiled by recreation, in part because the strongest association of outdoor recreation is with urbanization (Czech et al. 2000), which is itself an important cause of endangerment (Reed et al. 2014). The anticipated growth of the state's human population from approximately 38 million in 2013 to 50 million by mid-century with a commensurate increase in recreational demands in protected areas will likely increase the continual challenge of conserving the state's wildlife (CDFW 2015).<sup>1,2</sup> The dual role of protected areas to conserve biodiversity and provide nature-based recreational and educational opportunities for millions of people rests on the assumption that non-consumptive recreation is compatible with wildlife conservation, despite documented evidence to the contrary (Reed and Merenlender 2008; Larson et al. 2016; Hennings 2017; Dertien et al. 2018; Reed et al. 2019).<sup>3</sup> Ecologically sound types, levels, timing, and siting of recreation, and perpetual management of recreation at or exceeding a level commensurate with the recreational pressure, are vital to ensure the perpetuation of viable populations of focal sensitive species in "dual-role" protected areas.<sup>4,5</sup>

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<sup>1</sup> Protected areas include locally-owned lands (e.g., county and city reserves), state-owned lands (e.g., ecological reserves, wildlife areas, state parks), federally owned lands (e.g., national wildlife refuges, wilderness areas), and privately owned lands (e.g., conservation easements, conservancy lands, mitigation banks and lands). Here, the focus is on protected areas preserved primarily or solely for the perpetuation of sensitive species (e.g., ecological reserves, protected areas established pursuant to Natural Community Conservation Plans and/or Habitat Conservation Plans, mitigation banks and lands).

<sup>2</sup> Wildlife means all wild animals: insects, fish, amphibians, reptiles, birds, and mammals.

<sup>3</sup> In contrast to consumptive recreation (e.g., hunting, fishing), non-consumptive recreation is generally assumed not to directly extract a resource; it includes nature and wildlife viewing, beach-going, kayaking, hiking, biking, horseback riding, and wildlife photography (Reed and Merenlender 2008; CDFW 2016; Gutzwiller et al. 2017). From here forward, "recreation" means non-consumptive recreation, unless otherwise stated.

<sup>4</sup> Focal species are organisms whose requirements for survival represent factors important to maintaining ecologically healthy conditions; identified for the purpose of guiding the planning and management of protected areas in a tractable way, focal species include keystone species, umbrella species, flagship species, and indicator species (Soulé and Noss 1998; Marcot and Flather 2007). Here, the term "focal species" is intended to include those species encompassed by the guild surrogate approach of conservation; this approach entails one member or a subset of members serving as a surrogate for other members of the guild (Marcot and Flather 2007).

<sup>5</sup> From here forward, "management" includes monitoring, management, and enforcement with the necessary authority. The level of enforcement necessary is dependent on the level of continual management implemented; generally, the more the management, the less enforcement is necessary. In addition, monitoring and management encompass both the natural resources and human users of the protected areas. The fiscal support to be secured includes personnel and all program costs.

## Insights from studies

*Purpose.*—The purpose of the following discussion is to provide insights to disturbances to several wildlife species from non-consumptive recreation. Accordingly, the insights are exclusively from studies that document recreation-related disturbance to wildlife. This approach reflects the evidence that the majority of documented responses of wildlife species to non-consumptive recreation are negative, as demonstrated in two systematic literature reviews (Reed et al. 2014; Larson et al. 2016) and a literature review of over 500 articles written and reviewed by the scientific community (Hennings 2017). The insights are intended to (1) illustrate that scientific studies provide clear evidence of recreation-related disturbance to wildlife, (2) elicit awareness of and concern about the disturbance, and (3) stimulate action to address it.

*Sources and scope.*—The 71 articles and 13 reports<sup>6</sup> reviewed about the recreation-related effects on wildlife generally reflect Larson et al.'s (2016) finding that studies about such effects focus on mammals (42%) and birds (37%), followed by invertebrates (12.4%), reptiles (5.5%), fish (5.1%), and amphibians (0.7%); there are no insights herein from studies of fish. Larson et al. (2016) found that some of the least-studied taxonomic groups (i.e., reptiles, amphibians, and invertebrates) had the greatest evidence for negative effects of recreation. While not all the studies selected for this paper address wildlife in California, all the studies' scenarios could occur in the state as do all species types among the studied taxa (i.e., insect, amphibian, reptile, bird, mammal).

Not all of the studies selected for this paper address sensitive species. This is primarily because current research on recreation-related effects on wildlife includes few species of conservation concern (Larson et al. 2016). However, sensitive species may experience greater levels of recreation-related disturbance than described for common species in the study insights herein. This is because many rare and isolated species are specialists, and they may be more sensitive to anthropogenic disturbance, including recreational activities, than common and widely distributed species (Bennett et al. 2013; Reilly et al. 2017). Recreation-related declines of common species warrant attention because of their functional ecological importance – local depletions of common species can have broad consequences within the food web (Säterberg et al. 2013; Baker et al. 2018; Reed et al. 2019). Recreation-related declines or disturbance in an important common prey species may affect the species in higher trophic levels (Reed et al. 2019). More than a quarter of species become functionally extinct before losing 30% of their individuals (Säterberg et al. 2013; Baker et al. 2018; Reed et al. 2019); here, functional extinction occurs when the population size of the depleted species is below the level at which another species goes extinct (Baker et al. 2018).

The scope of this paper does not include studies about snow-based recreation, though all of the 14 articles addressing snow-based recreation that Larsen et al. reviewed reveal that non-motorized and motorized snow-based activities (i.e., skiing, snowshoeing, snowmobiling) can have significant negative effects. Nor does the scope of this paper include studies exclusively about the effects of dogs on wildlife; however, a literature review on the effects of dogs on wildlife concludes that (1) people with dogs on leash, and even moreso

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<sup>6</sup> All the articles are published in peer-reviewed journals. Some of the reports were peer reviewed and all were written by or contributed to by professionals in the fields of biology or ecology, though none of the reports were published in peer-reviewed journals to this author's knowledge (e.g., Burger 2012; Hennings 2017; Dertien et al. 2018; Reed et al. 2019). This paper does not cite all the articles and reports this author read. And, the totals exclude documents that are not explicitly about recreation-related effects on wildlife (e.g., Tinkler et al. 2019; Taff et al. 2019; Wolf et al. 2019) and all newspaper articles.

off leash, are more alarming and detrimental to wildlife than any non-motorized recreational user group without dogs, and (2) people with dogs substantially increase the amount of wildlife habitat affected (Hennings 2016). Hennings (2016) also asserts that wildlife does not appear to habituate to the presence of dogs; effects linger after dogs are gone because the scent of dogs repels wildlife.

*Management measures.*—The study insights focus on the documented recreation-related disturbance to wildlife, not on management measures to prevent or minimize the disturbance. However, many of the reviewed articles and reports identify such measures, which range from full prohibition of human access, to time-of-access restrictions (e.g., seasonal or diurnal/nocturnal restrictions), to various measures based on disturbance thresholds. Disturbance thresholds are thresholds of various measurable parameters above or below (depending on the parameter) which wildlife is disturbed. Examples of disturbance thresholds are distance between trails and nesting sites, density of active trails, number of recreationists, number of recreational events per time frame, and duration of recreation. These thresholds may be used to establish management measures such as minimum widths of spatial buffers between recreational trails and wildlife.

A common theme among the management measures is that continual proactive and adaptive management is needed to protect wildlife from recreational disturbance, and that access closures should occur if the management fails.<sup>7</sup> Adaptive management is a cornerstone of large-scale multi-species conservation (CDFW 2014). An example of proposed management measures is Dertien et al.'s (2018) recommendation for a precautionary approach that adopts maximum values of quantitative disturbance thresholds observed for the taxa of concern, while excluding the extreme values of the thresholds.<sup>8</sup> This approach stems from the gaps in knowledge about quantitative disturbance thresholds of recreation; such thresholds are lacking for many species, taxonomic groups, and sources of disturbance.

Regarding spatial buffers, a general rule of minimum thresholds for distance to trails cannot be established for some species, as individual variability within species can be high and can differ among populations, types of topography, and frequencies and types of human intrusion (González et al. 2006). For example, Dertien et al. (2018) recommended a 200-m minimum buffer for ungulates; however, this would be insufficient for the circumstances of Taylor and Knight's (2003) study further cited below in which they found that mule deer (*Odocoileus hemionus*) showed a 96% probability of flushing within 100 m of recreationists located off trails, and the probability of their flushing did not drop to 70% until perpendicular distance reached 390 m. Two additional factors that influence the determination of spatial buffers are "effect zones" (i.e., areas within which wildlife is disturbed by recreational ac-

<sup>7</sup> Based on section 13.5 of the California Fish and Game Code and the Natural Community Conservation Planning Act (i.e., section 2805 of Fish and Game Code), adaptive management generally means (1) improving management of biological resources over time by using new information gathered through monitoring, evaluation, and other credible sources as they become available, and (2) adjusting management strategies and practices accordingly to assist in meeting conservation and management goals (e.g., conservation of covered or focal species). Under adaptive management, program actions are viewed as tools for learning and to inform future actions.

<sup>8</sup> The central tenet behind the precautionary principle is that precautionary measures should be taken even if some cause and effect relationships are not fully established scientifically. Generally, the four central components of the principle are: taking preventive action in the face of uncertainty; shifting the burden of proof to the proponents of an activity; exploring a wide range of alternatives to possibly harmful actions; and increasing public participation in decision making (Kriebel et al. 2001). There are subtle differences between the precautionary principle and precautionary approach, but their consideration is beyond the scope of this paper.

tivities on trails) and the density of the trail networks. The effect zones can extend several hundred meters on either side of the trails (Reed et al. 2019). The smaller a protected area is and the denser its trail networks are, the greater the proportion of the protected area is occupied by effect zones, and the less likely it is that spatial buffers such as those Dertien et al. (2018) recommended will protect the focal species from recreational disturbance (Wilcove et al. 1986; Ballantyne et al. 2014).

There are many sources that provide information about management of recreation in protected areas, or guidance on the design or siting of trails/trail networks. These sources include management framework tools designed to address recreational use, though they vary in their attention to the needs of wildlife (Hennings 2017).

## Insects

In a study of the effects of walkers, runners, and runners with dogs on the federally endangered Karner blue butterfly (*Lycaeides melissa samuelis*; Karners) at the Indiana Dunes National Lakeshore, USA, Bennett et al. (2013) found that (1) Karners flushed in the presence of recreationists as they would respond to natural agents, such as predators; (2) recreation restricted host-plant choice by reducing host-plant availability, effectively rendering the quality of habitat within 10 m of the trail unsuitable; (3) recreation had the potential to reduce oviposition rate of virtual females by 50%, and therefore population growth rates; (4) the frequency at which recreationists negatively affected the females (including their oviposition) varied substantially with habitat extent, number of recreationists, and sensitivity; and (5) habitat extent was the primary predictor variable. The authors concluded that Karners will experience less recreation-related disturbance the farther their habitat extends beyond trails.

In a study conducted near Palo Alto, California, USA focusing on 10 native oak woodland species of butterflies, Blair and Launer (1997) concluded that even small perturbations by hikers and joggers in a recreational area led to (1) a loss in the number of butterfly species (species richness) of the original oak-woodland community compared to the number of these species in a biological preserve with no recreation, and (2) a lower number of butterflies (abundance) in the recreational area compared to the biological preserve. The authors also concluded that multi-use areas may not adequately preserve butterfly species diversity.

## Herpetofauna

*Responses of the Iberian frog to recreational activities.*—In a study involving field research in the Guadarrama Mountains in central Spain and simulation modelling to assess the effects of recreation on Iberian frogs (*Rana iberica*), an endemic species in decline, Rodríguez-Prieto and Fernández-Juricic (2005) measured frog abundance and response to human disturbance. The authors found that Iberian frog abundance (a population-level parameter): (1) was significantly affected mainly by study site location and distance to the nearest recreational area, a proxy for human disturbance; (2) was positively related to distance from recreational area (i.e., as distance decreased, abundance decreased); and (3) increased as number of humans decreased. With respect to the effects of repeated disturbances (e.g., human approaching with a steady pace) on the individual-level parameters of

flight initiation distance<sup>9</sup> and time to resume pre-disturbance activities, the study showed that: (1) frogs' flight initiation distances were longer in areas with less vegetation cover; (2) though the flight initiation distances did not vary with repeated human approaches, the number of repeated human approaches affected the frogs' time to resume pre-disturbance activities, with second and third approaches increasing the time it took frogs to reoccupy the disturbed spot; and (3) there was an 80% decrease in the frogs' stream-bank use with a 5-fold increase in the direct disturbances per hour, and a 100% decrease in stream bank use with a 12-fold increase in human disturbances per hour. The authors concluded that direct human disturbance affects this species at the population level, and that it needs to be considered as a potential factor affecting amphibian populations with low tolerance for disturbance.

*Responses of the yellow-blotched turtle to human disturbance.*—In a study along a 300-m reach of the Pascagoula River in southeastern Mississippi, USA, Moore and Siegel (2006) studied the effects from boating, fishing, jet skis, and direct anthropogenic damage to nests on the nesting and basking behavior of the yellow-blotched map turtle (*Graptemys flavimaculata*), listed as threatened under the U.S. Endangered Species Act. With respect to human disturbance of nesting turtles, the authors found that numerous turtles waited several hours near a sandbar before emerging from the water onto the beach to nest, and turtles that attempted to nest upon emerging onto the beach frequently abandoned their efforts and retreated to the water—of a total of 79 nesting attempts, only 15 successfully completed oviposition. With respect to human disturbance of basking turtles, the authors found that the number of turtles disturbed differed significantly with the type of disturbance; specifically, anglers that remained in the basking vicinity caused the most disturbance, and jet-skis caused less than an expected amount of disturbance; this was likely because of the anglers' closeness (compared to the jet-skis) to the basking logs and the long periods they remained, both of which caused turtles to bask less. Moore and Siegel (2006) concluded that: the interruption of nesting activities may have a severe impact on the viability of this population of turtles through changes in numbers of clutches; and, the interruption of basking and consequent reduction in the turtles' body temperature has the potential to negatively affect the ability of all turtles to process and digest food, and the ability of females to develop eggs during the reproductive seasons.

*Responses of the common wall lizard to tourism.*—In a study of common wall lizards (*Podarcis muralis*) conducted in areas with high and low levels of tourism within the same habitat in the Guadarrama Mountains in central Spain, Amo et al. (2006) examined whether the lizards differed in several parameters upon each human approach. The authors found that: (1) regardless of the level of tourism, lizards usually exhibited anti-predator behavior by fleeing to hide in refuges upon approach of a human; (2) in comparison to lizards inhabiting areas of low tourism pressure, lizards inhabiting areas with high tourism pressure, and therefore presumably escaping to hide in refuges more often, showed a poorer body condition and higher intensity of tick infection at the end of the breeding period; and (3) the intensity of tick infection was higher in male than in female lizards. The authors speculated that the higher intensity of infection probably resulted from the cumulative costs of high frequency of flight, since anti-predatory behaviors such as flight are costly in terms of losing time for other activities, including feeding—nutritional status can affect the capacity

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<sup>9</sup> The flight initiation distance is the distance from an approaching threat (e.g., recreationist) at which an animal initiates moving away to escape from the threat. This movement is a fitness/energy cost to the fleeing animal. For the Iberian frogs, this was the distance between an approaching human and the frog when the latter jumped into the water in response to the human's approach.

of lizards to mount an immune response to infection. Furthermore, lizards with poor body condition had low levels of immune response, which may aggravate the deleterious effects of anti-predatory behavior on body condition. Female lizards in poor body condition produced offspring of small size, and body size of infant lizards can affect their probability of survival. Additionally, females with blood parasites also showed reduced fat stores and produced smaller clutches. By these effects on infants and clutch sizes, tourism may also negatively affect the maintenance of lizards' populations.

*Responses of various reptiles to recreationists.*—In a study to systematically assess recreationists' direct and indirect effects on sensitive wildlife species in 14 NCCP/HCP protected areas in San Diego County, California, USA, Reed et al. (2019) integrated monitoring of both wildlife species and recreationists (e.g., hikers, mountain biker, horseback riders).<sup>10</sup> The authors found that recreation was associated with declines in reptilian species' richness, occupancy, habitat use, and relative activity in the NCCP/HCP protected areas. Of the three species (all lizards) for which statistical analyses were feasible, two exhibited negative relationships between occupancy and human recreation—the orange-throated whiptail (*Aspidoscelis hyperythra beldingi*, an NCCP/HCP-covered species) and common side-blotched lizard (*Uta stansburiana*).

## Birds

*General responses.*—In Steven et al.'s (2011) review of 69 peer-reviewed articles (50 of which were research conducted in protected areas) of original research on the effects on birds from non-motorized nature-based recreation, 61 articles reported recreation as having negative effects (i.e., negative changes in physiology, behavior, abundance, and reproductive success, the latter including the number of nests, eggs laid, and/or chicks hatched or fledged). The single documented positive effect involved an increase in the abundance of corvids (e.g., crows and ravens) in campgrounds. Walking or hiking, standing or observing birds from viewing platforms or standing next to a nesting colony, dog walking, running, cycling/mountain biking, and canoeing were all reported as negatively affecting birds. A large majority (85–93 %) of the studies that examined the effects of a single person, groups of two or more people, and/or avian population-level responses, reported negative effects. The population-level responses entailed effects on density, abundance, and reproduction.

In a study using data collected in 112 urban parks throughout Melbourne, Australia, Bernard et al. (2018) tested whether birds responded differently to bikers and walkers. They found that: (1) relative to their response to walkers, four of the 12 focal species studied initiated escape from bikers at longer flight initiation distances and two escaped with greater intensity (i.e., more likely to involve flying); (2) no species responded less to bicycles than to walkers; and (3) the flight initiation distance did not differ in response to speed of bicycle travel, though the difference in the two speeds used was only 1 m/sec. In concluding that

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<sup>10</sup> An NCCP (Natural Community Conservation Plan) is a comprehensive, single- or multi-jurisdictional/utility plan that provides for regional habitat and species conservation at an ecosystem level while allowing local land use authorities to better manage growth and development. Upon issuing an NCCP Permit, the California Department of Fish and Wildlife (CDFW) can authorize take of selected state listed species and other species of concern, subject to the terms of coverage under the NCCP (CDFW 2015). An HCP (Habitat Conservation Plan) is the federal counterpart to an NCCP; the U.S. Fish and Wildlife Service prepares HCPs and issues HCP permits. The terms and conditions under which an NCCP/HCP's protected areas are conserved establish the types and levels of public access that are permitted (Burger 2012). The types and levels of public access vary among the NCCP/HCP protected areas from no access to guided-only access to open access. The species protected by NCCPs/HCPs are typically called covered species.

bikers can appear more or less threatening to birds than a single pedestrian, Bernard et al.'s (2018) results underscore that the responses of wildlife to recreational activities vary among species, sites, types of recreation, and exposure over time to the activities.

*Songbirds.*—Davis et al.'s (2010) study of the effects of mountain biking on golden-cheeked warblers (*Dendroica chrysoparia*, warblers) with nests near biking trails in the Fort Hood Military Base in Killeen, Texas, USA, and the Balcones Canyonlands Preserve in Austin, Texas, found direct and indirect effects. The direct effects included warblers flushing >20 m in response to encounters with passing mountain bikers. Indirect effects included abandonment of nests <2 m from the biking trails and a reduction in the quality of nesting habitat due to biking-related fragmentation and alteration of habitats. In comparison to the control sites, it was likely that habitat fragmentation resulting from trails in the biking sites caused the increased predation of warbler nests by rat snakes (*Elaphe obsoleta*) and other edge-adapted predators. The authors speculated that the biking sites, which were able to maintain viable populations of warblers at the time of the study, may not continue to do so with additional recreational use, fragmentation, and alteration of the habitats.

*Forest birds.*—Bötsch et al. (2018) examined how breeding-bird communities changed with distance to trails in four broad-leafed and mature forests in Switzerland and France; the forests were similar in size, structure, and trails, but widely different in levels of recreation (mostly walkers). The authors found that: in the forests with high levels of recreation, the density and species richness of birds decreased by 12.6% and 4.0%, respectively, at points close to trails compared to points farther away; cavity, ground, and open-cup nesters had fewer territories and species close to trails compared to farther away; and, above-ground foragers and ground foragers showed a similar pattern. None of these effects on density, species richness, nesting guild, or foraging guild occurred in the forests with low levels of recreation. Both high- and low-sensitivity species (i.e., long versus short flight initiation distances) had fewer territories and fewer species close to versus far from trails in forests with high levels of recreation; however, in forests with low levels of recreation, highly sensitive species exhibited only a slight tendency for fewer territories close to trails. The authors inferred from their findings that (1) human presence in forests disturbs avian community composition and abundance along trails in recreational areas, (2) the overall effect of recreational trails themselves depends mainly on recreational intensity and only slightly on species characteristics, and (3) the observed effects on birds in forests where recreation has occurred for decades suggest that habituation to humans has not outweighed the effects.

*Raptors.*—In a study along the Boise River in Idaho, USA, examining flight initiation distances of bald eagles (*Haliaeetus leucocephalus*) in response to actual and simulated walkers, joggers, anglers, bikers, and vehicles, Spahr (1990) found that the highest frequency of eagle flushing was associated with walkers, followed by anglers, bikers, joggers, and vehicles. Eagles were most likely to flush when recreationists approached slowly or stopped to observe them, and were less alarmed when bikers or vehicles passed quickly at constant speeds. However, the longest flight initiation distance was in response to bikers, followed by vehicles, walkers, anglers, and joggers. Hennings' (2017) literature review provides the following about bald eagles: pedestrians within 275 m caused a 79% eagle response rate; eagles did not resume eating for four hours after disturbance by walkers; a suggested minimum 600-m buffer around breeding eagles, beyond which response frequency dropped below 30%; an apparent threshold of about 20 daily recreational events after which eagles were slow to resume feeding, and after 40 events, feeding was uncommon; sub-adults were

less tolerant of disturbance than adult eagles; and recreation-related long-term effects can include reductions in survival, particularly during winter and especially for juveniles.

With respect to the tolerance (through habitat imprinting, genetic inheritance, or habituation) of golden eagle (*Aquila chrysaetos*) for recreational disturbance, Pauli et al. (2017) used an individual-based model<sup>11</sup> to assess the effects of walkers and off-highway vehicles on golden eagle populations. The primary modeling results indicated that, while golden eagles can develop tolerance for recreational disturbance, tolerance for even moderate levels of disturbance may not develop within a population at a sufficient rate to offset the effects of increased recreation on breeding golden eagles, particularly because this is a long-lived species with low recruitment. Pauli et al. (2017) conclude that, taken together, the simulation results suggest that recreation-related disturbance has a substantial effect on golden eagle populations and that increased recreation activity will exacerbate such effects. Given the results and the fact that non-motorized recreation decreases the probability of egg-laying in golden eagles (Spaul and Heath 2016), the authors asserted that trail management and a reduction in recreation activity within eagle territories are necessary to maintain golden eagle populations in locations where levels of recreation are increasing.

*Shorebirds.*—In a controlled study conducted in Scotland of the behavioral responses of the ruddy turnstone (*Arenia interpres*) to an approaching human, Beale and Monaghan (2004) found that birds supplemented with food flushed sooner from the human and searched for predators more frequently than birds not supplemented with food. That is, birds responding most were actually the least likely to suffer any fitness consequences associated with the disturbance. This study demonstrates the possibility of misconstruing the reasons for and implications of observed responses among all wildlife species. Traditionally and intuitively, species that readily flee from or avoid human disturbance are considered to be the most in need of protection from disturbance. However, species with little suitable habitat available nearby cannot show marked avoidance of disturbance even if the costs of reduced survival or reproductive success are high, whereas species with many nearby alternative sites to move to are likely to move away from disturbance even if the costs of the disturbance are low (Gill et al. 2001). It should not be assumed that the most responsive animals are the most vulnerable (Beale and Monaghan 2004). Gill et al. (2001) asserted that the absence of an obvious behavioral response does not rule out a population-level effect. In the same vein, it may be that species occurring in protected areas that are remnant fragments within urban landscapes are forced to utilize all components of the fragments, irrespective of their land-use intensity and land cover. This may occur if animals have nowhere else to go, and may be an explanation for instances when the relative abundance of birds is greater in urban and suburban reserves than in exurban reserves (Markovchick-Nicholls et al. 2008).

## Mammals

*General responses within NCCP/HCP protected areas in southern California.*—In series of three studies about the responses of mammals to hikers and runners, bikers, horseback riders, dog walkers, and motorized vehicles, George and Crooks (2006), Patten et al. (2017), and Patten and Burger (2018) analyzed camera-trap data captured throughout areas protected under the 1995 County of Orange Central and Coastal NCCP/HCP (Orange County NCCP/HCP). All studies analyzed bobcat (*Lynx rufus*), coyote (*Canis latrans*), and mule

<sup>11</sup> Individual-based models are simulation statistical tools that use empirical data to examine effects, such as anthropogenic population-level effects, that are difficult or impossible to study in a field setting.

deer, and Patten et al.'s (2017) analysis also considered mountain lion (*Puma concolor*), gray fox (*Urocyon cinereoargenteus*), striped skunk (*Mephitis mephitis*), and northern raccoon (*Procyon lotor*). The authors found that: (1) mammal detections were negatively correlated with all types of recreationists; hikers and runners had the greatest negative association with wildlife, and equestrians had the least; (2) the overall trend is sharply negative: as human activity increased, mammalian activity decreased, regardless of species, type of human activity, or camera placement; (3) mammals were nearly four times as likely to be recorded on days with no human activity than on days with human activity at the same site; (4) detections of mammals decreased incrementally as the number of humans increased within a day, and fell to near zero probability at  $\geq 60$  humans per day; and (5) all seven species listed above exhibited short-term spatial displacement in response to events with more than 100 visitors.

Bobcats' negative associations were strongest with bikers, hikers, and domestic dogs. In areas of higher human activity, bobcat were detected less frequently along trails and appeared to show temporal displacement, becoming more nocturnal. Coyotes' overall activity was lower at the sites with the most recreation and was negatively associated with overall human, hiker, and biker visitations; and, a trend of temporal displacement in response to dogs was also evident. Generally, both bobcats and coyotes displayed a relatively wide range of activity levels at sites with low human use, but a lower and markedly restricted range of activity at those sites with the highest levels of recreation. Both coyotes and mule deer shifted their activities temporally over the long term. The mule deer's (a primary consumer) marked shift brought it into closer temporal alignment with its main predator (mountain lion) and the coyote's marked shift (secondary consumer) brought it into closer temporal alignment with a chief prey species (gray fox). These human-induced diel shifts involving animals in two trophic levels have important ramifications for predator-prey dynamics. Despite these studies' results, no evidence was found suggesting mammalian populations have declined in the Orange County NCCP/HCP protected areas between 2007 and 2016, even as human activity increased markedly across the study period. However, it is critical to consider this observation in light of: (1) the fact that, at least for the years 2007-2011, public access was controlled across most of the study area by permit-only entry, regular docent-led programs, and monthly self-guided wilderness access days—much higher levels of restrictions on public access than for most protected areas; (2) the authors' assertion that various mammalian species' avoidance behavior may yet drive mammalian populations downward upon further increase in human disturbance; and (3) the status of the Vail Colorado elk herd as recounted below—once a herd of 1,000 head diminished to 53 due to steadily increasing levels of recreation.

Overall, the results of the above three studies were similar to those of a study to assess recreationists' effects on sensitive wildlife species in 14 NCCP/HCP protected areas in San Diego County, for which Reed et al. (2019) used data from camera traps and a before-after-control-impact (BACI) experiment. Reed et al. found that bobcat, gray fox, mule deer, and northern raccoon were less active in areas with higher levels of human recreation. Bobcat habitat use was more strongly negatively associated with human recreation than urban development, which also decreased the probability of habitat use. The collective results for mule deer among the four studies suggest that mule deer may stop using some areas altogether if human recreation is too high. Reed et al. (2019) did not detect negative associations between human recreation and the habitat use or relative activity of the six following mammalian species of the 12 observed: coyote, striped skunk, ground squirrel, jackrabbit, brush rabbit

(*Sylvilagus bachmani*), and desert cottontail (*S. audubonii*). However, of special note are results from the protected area with the highest level of recreation (i.e., an average of 1,797 people per day) observed in the study, where the cameras captured only rabbits, and no other mid- to large-bodied wildlife species during 7.5 weeks of monitoring. Yet, this 2,449-ha protected area is considered a core biological area and regional wildlife corridor targeted for conservation (City of San Diego 2019). The BACI experiment conducted in another protected area showed a significant decrease in bobcat detection probability in a four-week period following a trail re-opening, suggesting that this species can modify its behavior (e.g., shift its activity patterns) rapidly after a change in human recreation. This is evidence that temporal closures have the potential to reduce disturbance during critical periods for some species. Although human recreation may not often extirpate mammalian species from urban habitat fragments, it can reduce habitat suitability and carrying capacity (Reed et al. 2019).

*Responses to human voice.*—Suraci et al. (2019) tested whether mammalian carnivores' responses to human voices alone can result in landscape-scale effects across wildlife communities, including cascading effects on the behavior of lower trophic level animals. The results of the study, which was conducted in the Santa Cruz Mountains of central California, USA, indicate that human voice alone does result in such effects. Where humans are absent or rare, large and medium-sized carnivores exhibit greater movement, activity, and foraging, while small mammals use less space and forage less. Where humans are present, the activity, foraging, and/or habitat use of large and medium-sized carnivores are suppressed, while small mammals increase their total space use and foraging intensity. The implications of these results are far-reaching, and include that, even in the absence of land development or habitat fragmentation, increased human presence can: (1) affect large carnivore movement, which could eventually limit carnivores' hunting and feeding behavior or force individuals to abandon high risk areas of their home range; (2) suppress activity of medium-sized carnivorous species; and (3) increase the abundance of small mammals that are prey to the large- and medium-sized predators, which could ultimately increase the abundance of small mammals in wildlife areas people visit (Suraci et al. 2019, citing other authors). Moreover, if the sublethal effects observed in the study in response to human voices alone are comparable to those effects (e.g., increased physiological stress, reduced reproductive success) that fear has been demonstrated to cause in predator-prey systems, they may amount to additional widespread but largely unmeasured effects of humans on wildlife populations (Suraci et al. 2019, citing other authors). Hennings (2017) provides additional insights about, and citations for studies on, the effects on wildlife from the human voice, concluding that conversational noise along trails can be very disturbing to wildlife.

*Ungulates.*— In a two-year study of elk (*Cervus elaphus*) in a herd near Vail in central Colorado, USA, Shively et al. (2005) found that elk reproductive success rebounded to pre-disturbance levels after the cessation of their exposure to back-country hikers during the calving season over the previous three years. Shively et al. concluded that, it seems prudent to protect elk during calving seasons, because, although the study provides evidence that elk reproduction can rebound from depressed levels when human disturbances are removed or reduced, there had been a linear decline in calf production in response to increasing levels of disturbance compared to controls without such disturbance, and it is not known if there is a threshold level of reproductive depression from which elk cannot recover. Recognizing that it is seldom easy to curb human activities that have become traditional, or to restore wildlife habitats once they have been developed, they recommended the continuation of

some closures imposed on parts of both the Vail and control elk herd study areas. However, a recent article in *The Guardian* reported that the number of elk in this same Vail herd dropped precipitously since the early 2010s with the steady increase in human recreation; once a herd of 1,000 head of elk, it had decreased to 53 at last count in February of 2019. The article explains that, for Bill Alldredge, one of the authors of the 2005 study, there is no other explanation than the increased levels of hiking, biking, and skiing in the area that supports this elk herd (Peterson 2019). This outcome adds to the already ample evidence that pregnant animals or those with young—especially mammals—are particularly sensitive to human disturbance (Hennings 2017).

In a study subjecting 13 captive female elk in the Starkey Experimental Forest and Range in Oregon, USA, to four types of recreational disturbances (all-terrain vehicles [ATV] riding, mountain biking, hiking, and horseback riding), Naylor et al. (2009) recorded the elk's resting, feeding, and travel times in response to the disturbances. The authors found travel time (a proxy for energy expense) increased in response to all four disturbances and was highest in mornings. The authors suggest that the elk's lesser response to each disturbance in afternoons was likely due to elk moving away from the disturbances in the mornings and avoiding them for the remainder of the day. Elk travel time was highest and feeding time lowest during ATV exposure, followed by exposure to mountain biking, hiking, and horseback riding. Resting decreased with exposure to mountain biking and hiking disturbance, and elk showed no evidence of habituation to mountain biking or hiking.

In a study of how bison (*Bison bison*), mule deer, and pronghorn (*Antilocapra americana*) responded to hikers and bikers on designated recreational trails at Antelope Island State Park in Great Salt Lake, Utah, USA, Taylor and Knight (2003) found the following: with respect to alert distance, flight initiation distance, and distance moved,<sup>12</sup> there was little difference in how each species responded to hikers versus mountain bikers (with an exception of mule deer flight distance), though each species exhibited its own degree of response in the three parameters tested; and all three species exhibited a 70% probability of flushing from on-trail recreationists within 100 m from designated trails. Trials were also conducted with only mule deer along a randomly chosen, off-trail route to assess the response of mule deer to hikers or bikers off designated trails. From these trials, the authors found that mule deer showed a 96% probability of flushing within 100 m of recreationists located off trails, and the probability of their flushing did not drop to 70% until perpendicular distance reached 390 m. There was little evidence of habituation to recreationists among the species at the time of the study. In fact, the pronghorn at the study site did not habituate to largely predictable recreational use over a three-year period following the opening of trails at the site, and used areas that were significantly farther from trails than they had prior to the start of recreational use.

*Carnivores.*—In a study of mammalian carnivores in 28 protected areas located in oak woodlands in northern California, USA, Reed and Merenlender (2008) found the following about carnivores' responses to recreationists. Generally, in paired comparisons of neighboring protected areas with and without recreation, the presence of dispersed, non-motorized recreation (hiking, biking, and horseback riding) led to a five-fold decline in the

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<sup>12</sup> Alert distance is the distance from a stimulus at which an animal initiates vigilance behavior; more specifically in this context, it is the distance between a recreationist and an animal when the animal first becomes visibly alert to the recreationist. Flight initiation distance is defined in footnote #9. Distance moved is the distance an animal travels from its initial position until it stops (Taylor and Knight 2003).

density of native carnivores and a substantial shift in community composition from native to nonnative species. Specifically, a higher mean number of native species was detected in protected areas that did not permit recreation. By contrast, in protected areas that permitted recreation, more nonnative species were detected, domestic dogs were detected more frequently, and densities of coyotes and bobcats were more than five times lower. The authors concluded that the key variable for moderately sized protected areas (50–2000 ha) near urban development seems to be whether or not the site is open to public access.

In a study within three protected areas in Arizona, USA, Baker and Leberg (2018) found the following about how 11 mammalian carnivore species respond to varying levels of hiking, horseback riding, and border patrol activity. The study sites with the highest levels of human activity had significantly lower carnivore diversity, higher occupancy of common species (coyote, gray fox, and bobcat), and lower occupancy of all other carnivorous species. Generally, rare carnivores (e.g., mountain lion and kit fox, *Vulpes macrotis*), badgers (*Taxidea taxus*), and gray foxes avoided trails, whereas common species (except gray fox) preferred trails. Overall, edges of protected areas appeared to negatively affect occupancy of nearly all the study's species, and the presence alone of roads and trails, and not necessarily how much they are used, has a significant negative effect on the occupancy of most carnivorous species. In general, coyotes and bobcats were the carnivores least sensitive to human disturbance, gray foxes had a moderate negative association with human disturbance variables, and smaller carnivores and mountain lions seemed to be exceptionally vulnerable to human disturbance. Furthermore, the higher the level of overall disturbance in a protected area, the more sensitive carnivores were to disturbance variables.

## Conclusions and Suggestions

With the expanding recreation-related disturbance to wildlife in protected areas, their dual role of conserving biological resources and providing nature-based recreational and educational opportunities for people presents a continual challenge to land managers and a continual threat to wildlife and the state's biodiversity, particularly sensitive species. The scientific literature provides clear evidence that recreation can disturb wildlife in several ways. Documented effects include detrimental changes to behavior, reproduction, growth, immune system function, levels of stress hormones, other physiological effects, and finally, the survival of individual animals and persistence of wildlife populations and communities. Having been observed on nearly every continent and in every major ecosystem on earth, recreation-related disturbance to wildlife is increasingly recognized as a threat to global biodiversity, and as having wide-ranging and, at times, profound implications for wildlife individuals, populations, and communities (Dertien et al. 2018). Yet, a prevalent assumption exists that non-consumptive recreation is compatible with wildlife conservation; sources that articulate this assumption in various ways include but are not limited to the Natural Community Conservation Plans/Habitat Conservation Plans (NCCPs/HCPs in the California Department of Fish and Wildlife's (CDFW) South Coast Region, Title 14 of the California Code of Regulations (§630(a)) about CDFW's ecological reserves, CDFW's 2016 State Wildlife Action Plan's Consumptive and Recreational Uses Companion Plan, Burger 2012, Larson et al. 2016, Dertien et al. 2018, and Reed et al. 2019. This assumption underlies the widespread acceptance of non-consumptive recreation in dual-role protected areas.

*Is the assumption of compatibility flawed?*—The assumption of compatibility rests on four expectations, which are often legal obligations (as with NCCPs/HCPs). First, recreation in protected areas is to occur only in ecologically sound locations. Second, only ecologically sound types, levels, and timing of recreation are acceptable. Third, monitoring is expected to regularly and reliably assess whether the types and levels of recreational activities in protected areas are disturbing the focal species to a degree that these activities should be curtailed or prohibited entirely. Fourth, changes in management are to occur promptly when monitoring determines them to be necessary (see footnote #5 for description of management). In short, the overarching expectation is that recreation would not hinder the achievement of the dual-role protected areas' primary conservation objective (i.e., perpetuation of viable populations of focal sensitive species). At least seven NCCPs/HCPs in the CDFW's South Coast Region explicitly deem recreation compatible or conditionally compatible; most articulate these expectations as conditions that recreational activities in protected areas must meet. Such activities are considered "conditionally compatible" with the protection of the covered species. However, the assumption of compatibility is flawed because: for example, designated trails and trail networks are often ecologically inappropriately planned, designed, or sited; and, even for authorized recreation, there is rarely adequate management to control the allowed types and levels of recreation such that they are compatible with conservation. While finding an appropriate balance between biodiversity conservation and recreation is complicated because recreation-related effects on wildlife vary among species and recreational activities (Larson et al. 2016), there are also societal factors at play that further complicate achieving an appropriate balance and compatibility.

*Factors allowing inappropriate planning/siting and inadequate management - a societal conundrum.*—The degree to which the above-listed expectations are met varies among NCCP/HCP permittees and other managers of dual-role protected areas, the primary limiting factors being fiscal constraints and each land manager's primary mission. As to the latter factor, for areas protected primarily or solely to conserve biological resources, a serious fundamental conflict with conservation arises when managers' primary mission is to provide recreational opportunities, and the protection of biological resources is a secondary or tertiary priority. As to fiscal constraints, land management budgets generally have not kept pace with the increasing levels of recreation in protected areas (CDFW 2015; Havlick et al. 2016). For example, the activities of the CDFW for resource assessment, conservation planning, and wildlife conservation at risk are "severely underfunded;" in 2005, maintenance, restoration, and management of CDFW's wildlife areas and ecological reserves were supported, on average, at the level of \$13 per acre (0.40 ha) and one staff person per 10,000 acres. Many lands were operated at \$1 per acre, with no dedicated staff (CDFW 2015—refer to Volume 1, Section 7.3). CDFW's fiscal shortfalls for managing its protected areas mirror the same among public agencies at the local, state, national, and international levels (CDFW 2015); these shortfalls result in continual grave shortages of management personnel and other resources.

California's State Wildlife Action Plan (CDFW 2015) and most of the literature about recreation-related ecological effects identify the economic, educational, and recreational/health benefits of protected areas. They also identify the benefits (e.g., economic) to protected areas from humans pursuing recreational activities. So, despite the documented recreation-related disturbance to wildlife, there seems to be an implicit assumption of a mutually beneficial relationship between protected areas and the humans who benefit from them. But,

the severe underfunding of management for protected areas renders mutual reciprocity in this relationship infeasible; the protected areas' wildlife are heavily on the losing side. This is particularly perplexing given the evidence that lack of adequate management negatively affects not only biological resources, but also societal benefits.

Regarding the human health benefits of protected areas, visible recreation-related damage to the terrain diminishes the level of benefit people enjoy while being in nature, as illustrated by a study examining the relationship between recreational impacts in protected areas and human mental/emotional states (Taff et al. 2019). The study's results demonstrate that, as visible recreation-related ecological impacts increased, sense of wellbeing and mental state decreased, especially in response to settings with unauthorized trails. Collectively, the results show that managing tourism in protected areas in a manner that reduces such impacts is essential to providing beneficial cultural ecosystem services related to human health and wellbeing (Taff et al. 2019). As Wolf et al. (2019) put it, the more attractive a site is, the more likely it is that it will be degraded, which in turn, may diminish the quality of the human experience, and thus, visitor satisfaction. To capitalize fully on the positive aspects of tourism (including recreation) for protected areas, the degradation of resources needs to be constrained to ecologically acceptable levels, and to levels beyond visitor perception (Davies and Newsome 2009; Wolf et al. 2019); otherwise, recreationists may think it unimportant to minimize their own impacts. Also diminishing the human experience are the closures to public access as a default reaction to lack of adequate management, and the liability resulting from injuries that can occur when people use unauthorized trails (Dertien et al. 2018).

There is a two-fold irony here: despite the prevalent emphasis on the societal benefits of protected areas and the purported reciprocal relationship between protected areas and humans, most agencies responsible for managing protected areas are chronically underfunded. And, promoting the pursuit of these societal benefits without protecting the dual-role protected areas' core function (biological conservation) from that pursuit actually undermines both the human experience and biological conservation. This is a societal conundrum that stems at least in part from a societal disconnection.

*The factor of a societal disconnection.*—A lack of public interest in and concern about protected areas figures into the societal conundrum. Public opposition to trail closures, caps on daily visitation, or reservation systems can be strong and could damage the support for conservation agencies and organizations (Reed et al. 2019), despite the ecological need for such measures for protected areas. A disconnection pervades our society with respect to recreation-related disturbance to wildlife (Marzano and Dandy 2012): 50% of 640 backcountry trail users surveyed in 2001 did not believe that recreation negatively affects wildlife, and recreationists generally held members of other user groups responsible for stress or negative effects on wildlife rather than holding members of their own recreational user group responsible (Taylor and Knight 2003). The results of a survey conducted in 2018 for the San Diego End Extinction (SDEE) initiative to elucidate what the San Diego public know, think, feel, and do in relation to species and habitat conservation, indicate that 71% of the 600 respondents are not knowledgeable about the problems San Diego's plants and wildlife face (Tinkler et al. 2019).<sup>13</sup> While the passage of California Proposition 68 in 2018 reflects the voters' broad support for clean water and access to open space, which were the main elements of the Proposition that promotional efforts emphasized, it is unclear how

<sup>13</sup> The respondents were San Diego County voters and were representative of the voter pool in terms of age, gender, ethnicity, and region, but voters tend to be less ethnically diverse and more educated than the San Diego County population overall (Tinkler et al. 2019).

much the biological conservation-related elements of the Proposition influenced voters.

Overall, it is probable that a large majority of the general public are unaware of or in denial about the disturbance to wildlife from non-consumptive recreation, much less the distinctions between areas protected primarily or solely for conservation and areas otherwise designated as open space (e.g., recreational fields, golf courses, small community parks). Information on these topics is not widely available, and what is in the literature, may not be reaching a broad audience even among conservation scientists and wildlife ecologists (Larson et al. 2016). What then can be done to address this unawareness as a step toward enabling dual-role protected areas to meet their conservation objectives despite the expanding recreational pressure?

*Suggested plan of action.*—To enable dual-role protected areas to meet their conservation objectives despite the expanding recreational pressure, the optimal approach is to: ensure that all recreational areas (e.g., trails and trail networks) are planned, designed, and sited using ecologically sound criteria; and, to continually employ sufficient proactive and adaptive management to prevent or at least minimize recreation-related disturbance to wildlife; such management would curtail the need for regular enforcement. This approach also has the potential to yield general public support for management, particularly if information provided about management challenges includes data and supporting graphics, specifically about fragmentation, to enhance the public's understanding of the challenges of poorly designed trail systems and the creation and use of unauthorized trails (Leung et al. 2011; Taff et al. 2019; Wolf et al. 2019). But this approach requires perpetual personnel and funding explicitly for management, which in turn points to the urgent need for public advocacy to secure fiscal support for management resources (i.e., fiscal support that is sustainable, perpetual, and at levels commensurate with the recreational pressure; footnote #5). How can this be achieved?

How people perceive their and others' recreation-related effects on wildlife may influence their general perspectives on such effects (Marzano and Dandy 2012). Shifting this perception-perspective nexus over time toward a common value of respecting wildlife may eventually mend some of the aforementioned societal disconnection. A shift in perspectives on the purpose of protected areas is also needed to one of understanding and acknowledging that their core function is conservation (Davies and Newsome 2009; Patten et al. 2017). The only chance there is of influencing people's perceptions is making the pertinent scientific information readily available. So, it is essential to implement a concerted campaign to disseminate science-based information about recreation-related disturbance to wildlife. Such a campaign needs to be well orchestrated, widespread, long-term, continual, and multimedia; this includes social media per Greer et al.'s (2017) conclusions about its efficacy in this context. In addition to the general public/voters (including recreationists), the following parties would be both the audience and the distributors within each of their fields and beyond: the media, environmental organizations, elected officials, policy and land-use decision makers, land management agencies and organizations, outdoor recreation merchants and associations, educational institutions, and researchers. The coverage would be framed as stories aimed to evoke appreciation for the diversity of sensitive species and the many ways they respond to our presence, and provide opportunities for what people can do to lessen the recreation-related disturbance to wildlife, which will benefit not only wildlife and other biological resources in the protected areas, but also the human experience there.

While the objectives of the campaign would be to influence people's perspectives in favor of wildlife and to modify recreational behaviors, policy, planning, and decision-

making accordingly, the final goal would be to cultivate support for and harness the power of advocacy to gain the political will and action needed to secure perpetual fiscal support for management resources. Implementing such a campaign would not be easy nor fast and would take diligent oversight, as suggested by William Craven, the chief consultant for nearly 20 years of California's Senate Natural Resources and Water Committee. In an interview with the California Native Plant Society, he stated, "the best way to achieve your policy objectives is to make sure your policy objectives are funded. For example, small but important programs for the [California Department of Fish and Wildlife] are literally budget dust in the California budget, but unless someone is there to pay attention and connect the dots between the budget and the state laws, we don't get a complete resolution...[P]ositive changes in state law that everyone works so hard to accomplish are really much more effective when someone monitors the budget process to make sure those changes get as much funding as possible" (CNPS 2020). But, it seems that the choices are either to never reverse or at least halt the downward trajectory of wildlife in protected areas experiencing damaging levels and types of recreation or to ambitiously implement such a campaign toward a societal course change (Waterman 2019 for the term "course change").

Several of the results of the survey conducted for the SDEE initiative hint at a potential to mobilize a critical mass of people who learn about the recreation-related disturbance to wildlife and the associated urgent need for resources to address it, and assist in information dissemination. While the survey conducted for the SDEE initiative revealed a knowledge deficit among the respondents regarding problems plants and wildlife face, its results also indicate that, over a 12-month period, 74% of respondents voted in favor of laws to protect the environment, 31% volunteered to improve the environment, and 21% donated money to protect San Diego County's environment; in addition, approximately 70% were willing to pay additional local taxes to protect the environment, and a majority of the respondents were willing to pay up to \$50 per year (Tinkler et al. 2019).

One avenue available for advocacy to secure perpetual fiscal support specifically for management of protected areas is assessing recreational fees and taxes. With respect specifically to the management of CDFW-owned protected areas, CDFW's 2005 and 2015 State Wildlife Action Plans recommended implementation of recreational fees and taxes beyond fishing and hunting licenses that would allow non-consumptive recreationists to support wildlife conservation and management of the resources they use and enjoy (CDFW 2015, 2016). To generate funds for the management of all protected areas, a long-successful model could be employed: since the 1930s, hunters have been paying federal excise taxes on the sales of sport hunting and shooting equipment to generate funding for habitat conservation (CDFW 2015). Eighty years later, these taxes plus sales of angling equipment had generated more than \$10 billion towards conservation (CDFW 2015). Thus, hunters and anglers have been the primary funding sources for conservation efforts in California and North America (CDFW 2015). Considering the disturbance to wildlife from non-consumptive recreationists, it is past time for them also to pay their way for the use of protected areas through paying taxes on equipment for hiking, biking, riding, etc. to support management of these activities. A secondary benefit of such fees and taxes is that they may establish a direct connection for recreationists between their use of protected areas and the costs of protecting the protected areas, and thereby possibly diminish their disconnection from their disturbance to wildlife.

Other avenues for advocacy to secure fiscal support for management of protected areas include bond measures and voluntary contribution funds (VCF), though neither would necessarily provide a reliably perpetual source of funding. VCFs are sponsored by legislators

to be enacted by the legislature; a VCF in this context would be explicitly and solely for the management of the protected areas in California, including CDFW's lands (with protected areas and management defined as described in footnotes #1 and #5, respectively). The funds must be administered such that they are made available timely. This would be similar to the VCF for California's Rare and Endangered Species Preservation Voluntary Tax Contribution Program which has funded work benefiting California's native at-risk plants, wildlife, and fish since 1983 (CDFW 2019) and now raises around \$500,000 annually (FTB 2019).

Mainstream online and print media carried several articles in 2018 and 2019 about the overcrowding at and underfunding for the national parks (e.g., Simmonds et al. 2018; Waterman 2019; Wilson 2019); coverage such as this provides a good foundation of information. Articles like Yong's (2019) about the effects of the human voice alone on wildlife and Peterson's (2019) about the effects of hiking on elk represent steps in the right direction toward mainstream media honing in on specific impacts on wildlife from recreationists in protected areas. Coverage on species local to where people live is important and may make a stronger and more lasting impression with greater potential for shifting the perception-perspective nexus than species or settings remote from consumers of the media. Organizations like San Diego Zoo Global, which spearheaded the SDEE initiative (Tinkler et al. 2019), could significantly assist the campaign by engaging their media engines on behalf of local wildlife threatened by recreation.

*A societal quid pro quo for protected areas?*—At some point, the exploitation of protected areas resulting from recreation-related disturbance to wildlife, without commensurate reciprocity with care for the protected areas, may outweigh the benefits of public access to protected areas (Bennett et al. 2013). Many protected areas have already reached this point. Without adequate resources to combat the challenge of the obligation to conserve wildlife exposed to ecologically damaging levels and types of recreation, including unauthorized activities, the challenge will persist indefinitely at great risk of jeopardizing the protected areas' ability to meet their conservation objectives.

Regarding the pressure local, state, and federal government agencies have undergone for decades to acquire additional open space for recreation and to expand public access in existing protected areas (Wells 2000 in Reed and Merenlender 2008), elected officials and land-use decision makers need to address the demands, but not at the expense of biological conservation in protected areas. Some of the protected areas (e.g., the NCCP/HCP reserves) represent long-negotiated compromises for the sensitive species they are intended to protect in perpetuity. For some protected areas, no ecologically sound further compromise (e.g., expansion of public access) is possible; while recreation may be considered conditionally compatible in such protected areas, if open to public access at all, the extant levels of recreation may strain their ability to meet their conservation objectives. Protected areas that represent the final compromise for the species they support are particularly vulnerable to their wildlife values being compromised due to inadequate management (CDFW 2015). Ultimately, for wildlife that avoids human activity, it is unlikely that dual-role protected areas are entirely sufficient or justifiable for meeting conservation objectives; limiting or prohibiting recreation in strategic circumstances and locations within protected areas is necessary to achieve conservation objectives (Reed and Merenlender 2008; Bötsch et al. 2018; Dertien et al. 2018; Reed et al. 2019). Of course, this presumes sufficient management to maintain whatever recreational limits are set.

In summary, in the interest of wildlife in California and, more broadly, conservation within protected areas everywhere, the necessary actions with respect to non-consumptive

recreation are to: (1) widely and continually disseminate science-based information about the recreation-related disturbance to wildlife; (2) apply the science to all planning for, policy- and decision-making about, and management of, recreation in dual-role protected areas; and (3) secure perpetual fiscal support for management of recreation in dual-role protected areas commensurate with the recreational pressure.

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