

SALMON AND STEELHEAD RESTORATION AND ENHANCEMENT PROGRAM

NORTH COAST

WATERSHED PLANNING AND COORDINATION PROJECT

STREAM INVENTORY REPORT

**WEST FORK HOWE CREEK, MAINSTEM EEL RIVER,  
1998**

CALIFORNIA DEPARTMENT OF FISH AND GAME

SPORT FISH RESTORATION ACT

1998

North Coast Watershed Planning and Coordination Project

## **STREAM INVENTORY REPORT**

### **West Fork Howe Creek, Mainstem Eel River**

#### **INTRODUCTION**

A stream inventory was conducted during the summer of 1998 on West Fork Howe Creek. The inventory was conducted in two parts: habitat inventory and biological inventory. The objective of the habitat inventory was to document the habitat available to anadromous salmonids in West Fork Howe Creek. The objective of the biological inventory was to document the presence and distribution of juvenile salmonid species.

The objective of this report is to document the current habitat conditions, and recommend options for the potential enhancement of habitat for chinook salmon, coho salmon and steelhead trout. Recommendations for habitat improvement activities are based upon target habitat values suitable for salmonids in California's north coast streams.

#### **WATERSHED OVERVIEW**

West Fork Howe Creek is tributary to Howe Creek, tributary to the Eel River, located in Humboldt County, California (Map 1). West Fork Howe Creek's legal description at the confluence with Howe Creek is T01N R01W S16. Its location is 40°28'33" North latitude and 124°10'47" West longitude. West Fork Howe Creek is a first order stream and has approximately 1.3 miles of blue line stream according to the USGS Taylor Peak 7.5 minute quadrangle. West Fork Howe Creek drains a watershed of approximately 1.6 square miles. Elevations range from about 420 feet at the mouth of the creek to 2,000 feet in the headwater areas. Mixed conifer forest dominates the watershed. The watershed is entirely privately owned and is managed for timber production, rangeland, and rural residence. Vehicle access exists via Blue Slide Road from the town of Rio Dell. Drive approximately 1.2 miles north to the mouth of Howe Creek. Drive up Howe Creek Road for approximately 3 mile to the mouth of West Fork Howe Creek.

#### **METHODS**

The habitat inventory conducted in West Fork Howe Creek follows the methodology presented in the *California Salmonid Stream Habitat Restoration Manual* (Flosi et al., 1998). The California Conservation Corps (CCC) Technical Advisors and Watershed Stewards Project/AmeriCorps (WSP/AmeriCorps) Members that conducted the inventory were trained in standardized habitat inventory methods by the California Department of Fish and Game (DFG). This inventory was conducted by a two-person team.

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### **SAMPLING STRATEGY**

The inventory uses a method that samples approximately 10% of the habitat units within the survey reach (Hopelain, 1995). All habitat units included in the survey are classified according to habitat type and their lengths are measured. All pool units are measured for maximum depth, depth of pool tail crest, dominant substrate composing the pool tail crest, and embeddedness. Habitat unit types encountered for the first time are further measured for all the parameters and characteristics on the field form. Additionally, from the ten habitat units on each field form page, one is randomly selected for complete measurement.

### **HABITAT INVENTORY COMPONENTS**

A standardized habitat inventory form has been developed for use in California stream surveys and can be found in the *California Salmonid Stream Habitat Restoration Manual*. This form was used in West Fork Howe Creek to record measurements and observations. There are nine components to the inventory form.

#### **1. Flow:**

Flow is measured in cubic feet per second (cfs) at the bottom of the stream survey reach using standard flow measuring equipment, if available. In some cases flows are estimated.

#### **2. Channel Type:**

Channel typing is conducted according to the classification system developed and revised by David Rosgen (1985 rev. 1994). This methodology is described in the *California Salmonid Stream Habitat Restoration Manual*. Channel typing is conducted simultaneously with habitat typing and follows a standard form to record measurements and observations. There are five measured parameters used to determine channel type: 1) water slope gradient, 2) entrenchment, 3) width/depth ratio, 4) substrate composition, and 5) sinuosity.

#### **3. Temperatures:**

Both water and air temperatures are measured and recorded at every tenth habitat unit. The time of the measurement is also recorded. Both temperatures are taken in degrees Fahrenheit at the middle of the habitat unit and within one foot of the water surface.

#### **4. Habitat Type:**

Habitat typing uses the 24 habitat classification types defined by McCain and others (1988). Habitat units are numbered sequentially and assigned a type identification number selected from a standard list of 24 habitat types. Dewatered units are labeled "dry". West Fork Howe Creek

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habitat typing used standard basin level measurement criteria. These parameters require that the minimum length of a described habitat unit must be equal to or greater than the stream's mean wetted width. Channel dimensions were measured using hip chains, range finders, tape measures, and stadia rods. All units were measured for mean length; additionally, the first occurrence of each unit type and a randomly selected 10% subset of all units were sampled for all features on the sampling form (Hopelain, 1995). Pool tail crest depth at each pool unit was measured in the thalweg. All measurements were in feet to the nearest tenth.

### **5. Embeddedness:**

The depth of embeddedness of the cobbles in pool tail-out reaches is measured by the percent of the cobble that is surrounded or buried by fine sediment. In West Fork Howe Creek, embeddedness was ocularly estimated. The values were recorded using the following ranges: 0 - 25% (value 1), 26 - 50% (value 2), 51 - 75% (value 3) and 76 - 100% (value 4). Additionally, a value of 5 was assigned to tail-outs deemed unsuited for spawning due to inappropriate substrate particle size, having a bedrock tail-out, or other considerations.

### **6. Shelter Rating:**

Instream shelter is composed of those elements within a stream channel that provide salmonids protection from predation, reduce water velocities so fish can rest and conserve energy, and allow separation of territorial units to reduce density related competition. The shelter rating is calculated for each fully-described habitat unit by multiplying shelter value and percent cover. Using an overhead view, a quantitative estimate of the percentage of the habitat unit covered is made. All cover is then classified according to a list of nine cover types. In West Fork Howe Creek, a standard qualitative shelter value of 0 (none), 1 (low), 2 (medium), or 3 (high) was assigned according to the complexity of the cover. Thus, shelter ratings can range from 0-300 and are expressed as mean values by habitat types within a stream.

### **7. Substrate Composition:**

Substrate composition ranges from silt/clay sized particles to boulders and bedrock elements. In all fully-described habitat units, dominant and sub-dominant substrate elements were ocularly estimated using a list of seven size classes and recorded as a one and two respectively. In addition the dominant substrate composing the pool tail outs is recorded for each pool.

### **8. Canopy:**

Stream canopy density was estimated using modified handheld spherical densimeters as described in the *California Salmonid Stream Habitat Restoration Manual*. Canopy density relates to the amount of stream shaded from the sun. In West Fork Howe Creek, an estimate of the percentage of the habitat unit covered by canopy was made from the center of approximately

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every third unit in addition to every fully-described unit, giving an approximate 30% sub-sample. In addition, the area of canopy was estimated ocularly into percentages of coniferous or deciduous trees.

### **9. Bank Composition and Vegetation:**

Bank composition elements range from bedrock to bare soil. However, the stream banks are usually covered with grass, brush, or trees. These factors influence the ability of stream banks to withstand winter flows. In West Fork Howe Creek, the dominant composition type and the dominant vegetation type of both the right and left banks for each fully-described unit were selected from the habitat inventory form. Additionally, the percent of each bank covered by vegetation was estimated and recorded.

## **BIOLOGICAL INVENTORY**

Biological sampling during stream inventory is used to determine fish species and their distribution in the stream. In West Fork Howe Creek fish presence was observed from the stream banks, and two sites were electrofished using a Smith-Root Model 12 electrofisher. These sampling techniques are discussed in the *California Salmonid Stream Habitat Restoration Manual*.

## **SUBSTRATE SAMPLING**

Gravel sampling is conducted using a 9 inch diameter standard McNeil gravel sampler. Sample sites are identified numerically beginning at the most upstream site in the stream. Gravel samples are separated and measured to determine respective percent volume using five sieve sizes (25.4, 12.5, 4.7, 2.37, and 0.85 mm; Valentine, 1995).

## **DATA ANALYSIS**

Data from the habitat inventory form are entered into Habitat, a dBASE 4.2 data entry program developed by Tim Curtis, Inland Fisheries Division, California Department of Fish and Game. This program processes and summarizes the data, and produces the following six tables:

- Riffle, flatwater, and pool habitat types
- Habitat types and measured parameters
- Pool types
- Maximum pool depths by habitat types
- Dominant substrates by habitat types
- Mean percent shelter by habitat types

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Graphics are produced from the tables using Quattro Pro. Graphics developed for West Fork Howe Creek include:

- Riffle, flatwater, pool habitats by percent occurrence
- Riffle, flatwater, pool habitats by total length
- Total habitat types by percent occurrence
- Pool types by percent occurrence
- Total pools by maximum depths
- Embeddedness
- Pool cover by cover type
- Dominant substrate in the pool tail outs
- Percent canopy
- Bank composition by composition type
- Bank vegetation by vegetation type

### HABITAT INVENTORY RESULTS

\* ALL TABLES AND GRAPHS ARE LOCATED AT THE END OF THE REPORT \*

The habitat inventory of August 17 and 18, 1998, was conducted by John Wooster and Kelley Turner (AmeriCorp/WSP). The total length of the stream surveyed was 2,342 feet with no additional feet of side channel.

Flow was estimated to be 0.6 cfs during the survey period.

West Fork Howe Creek is an A3 channel type for the entire 2,342 feet of stream reach surveyed. A3 channels are steep, narrow, cascading step-pool streams associated with high energy/debris transport and cobble-dominant substrates.

Water temperatures taken during the survey period ranged from 61° to 62° F. Air temperatures ranged from 70° to 72°F.

Table 1 summarizes the Level II riffle, flatwater, and pool habitat types. Based on frequency of occurrence there were 48% riffle units, 26% flatwater units, 24% pool units, and 2% dry units (Graph 1). Based on total length of Level II habitat types there were 74% riffle units, 18% flatwater units, 7% pool units, and 1% dry units (Graph 2).

Seven Level IV habitat types were identified (Table 2). The most frequent habitat types by percent occurrence were low gradient riffles, 48%; mid-channel pools, 20%; and step-runs, 16% (Graph 3). Based on percent total length, low gradient riffles made up 74%, step runs 14%, and mid-channel pools 6%.

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A total of twelve pools were identified (Table 3). Main channel pools were most frequently encountered at 83% and comprised 88% of the total length of all pools (Graph 4).

Table 4 is a summary of maximum pool depths by pool habitat types. Pool quality for salmonids increases with depth. Three of the 12 pools (25%) had a depth of two feet or greater (Graph 5).

The depth of cobble embeddedness was estimated at pool tail-outs. Of the eleven pool tail-outs measured, none had a value of 1 (0%); one had a value of 2 (18%); eight had a value of 3 (73%); two had a value of 4 (9%) and none had a value of 5 (0%) (Graph 6). On this scale, a value of 1 indicates the highest quality of spawning substrate and a value of 5 indicates the tail-out is not suitable for spawning.

A shelter rating was calculated for each habitat unit and expressed as a mean value for each habitat type within the survey using a scale of 0-300. Riffle habitat types had a mean shelter rating of 5, flatwater habitat types had a mean shelter rating of 10, and pool habitats had a mean shelter rating of 8 (Table 1). Of the pool types, the scour pools had the highest mean shelter rating at 10. Main channel pools had a mean shelter rating of 7 (Table 3).

Table 5 summarizes mean percent cover by habitat type. Boulders are the dominant cover type in West Fork Howe Creek and are extensive. Large and small woody debris are lacking in nearly all habitat types. Graph 7 describes the pool cover in West Fork Howe Creek.

Table 6 summarizes the dominant substrate by habitat type. Gravel was the dominant substrate observed in all of the eleven pool tail outs measured (100%) (Graph 8).

The mean percent canopy density for the stream reach surveyed was 86%. The mean percentages of deciduous and coniferous trees were 95% and 5%, respectively. Graph 9 describes the canopy in West Fork Howe Creek.

For the stream reach surveyed, the mean percent right bank vegetated was 73%. The mean percent left bank vegetated was 59%. The dominant elements composing the structure of the stream banks consisted of 0% bedrock, 25% boulder, 75% cobble/gravel, and 0% sand/silt/clay (Graph 10). 91.7% of the units surveyed had deciduous trees as the dominant vegetation type, and 8.3% had coniferous trees as the dominant vegetation, including down trees, logs, and root wads (Graph 11).

## **BIOLOGICAL INVENTORY RESULTS**

Two sites were electrofished on September 15, 1998, in West Fork Howe Creek. The sites were sampled by Ruth Goodfield (DFG) and Sandra Bartlett (CCC).

The first site sampled included habitat units 0002-0003, a step run/riffle sequence, located

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approximately 35 feet from the confluence with the mainstem Howe Creek. This site had an area of 390 sq ft and a volume of 273 cu ft. The site yielded thirty-one juvenile steelhead rainbow trout, ranging in size from 50-120mm.

The second site included habitat units 0020-0022, a riffle/pool sequence, located approximately 870 feet above the creek mouth. This site had an area of 384 sq ft and a volume of 254 cu ft. The site yielded one steelhead rainbow trout at approximately 120mm in length.

## **GRAVEL SAMPLING RESULTS**

No gravel samples were taken on West Fork Howe Creek.

## **DISCUSSION**

West Fork Howe Creek is an A3 channel type for the entire 2,342 feet of stream surveyed. The suitability of A3 channel types for fish habitat improvement structures is good for bank-placed boulders; fair for plunge weirs, opposing wing-deflectors, and log cover; and poor for boulder clusters and single wing-deflectors.

The water temperatures recorded on the survey days August 17 and 18, 1999, ranged from 61° to 62° F. Air temperatures ranged from 70° to 72° F. This is an acceptable water temperature range for salmonids. However, 65° F, if sustained, is near the threshold stress level for salmonids. This does not seem to be the case here, and West Fork Howe Creek seems to have temperatures favorable to salmonids. To make any further conclusions, temperatures would need to be monitored throughout the warm summer months, and more extensive biological sampling would need to be conducted.

Flatwater habitat types comprised 18% of the total length of this survey, riffles 74%, and pools 7%. The pools are relatively shallow, with only three of the 12 (25%) pools having a maximum depth greater than 2 feet. In general, pool enhancement projects are considered when primary pools comprise less than 40% of the length of total stream habitat. In first and second order streams, a primary pool is defined to have a maximum depth of at least two feet, occupy at least half the width of the low flow channel, and be as long as the low flow channel width. Installing structures that will increase or deepen pool habitat is recommended for locations where their installation will not be threatened by high stream energy.

None of the eleven pool tail-outs measured had an embeddedness rating of 1. Nine of the pool tail-outs had embeddedness ratings of 3 or 4. None of the pool tail-outs had a rating of 5 or were considered unsuitable for spawning. Cobble embeddedness measured to be 25% or less, a rating of 1, is considered to indicate good quality spawning substrate for salmon and steelhead. In West Fork Howe Creek, sediment sources should be mapped and rated according to their potential sediment yields, and control measures should be taken.



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The mean shelter rating for pools was low with a rating of 8. The shelter rating in the flatwater habitats was slightly better at 10. A pool shelter rating of approximately 100 is desirable. The relatively small amount of cover that now exists is being provided primarily by boulders in all habitat types. Additionally, bubble curtain contributes a small amount. Log and root wad cover structures in the pool and flatwater habitats are needed to improve both summer and winter salmonid habitat. Log cover structure provides rearing fry with protection from predation, rest from water velocity, and also divides territorial units to reduce density related competition.

All of the eleven pool tail outs measured had gravel or small cobble as the dominant substrate. This is generally considered good for spawning salmonids.

The mean percent canopy density for the stream was 86%. This is a relatively high percentage of canopy. In general, revegetation projects are considered when canopy density is less than 80%.

The percentage of right and left bank covered with vegetation was moderate at 73% and 59%, respectively. In areas of stream bank erosion or where bank vegetation is not at acceptable levels, planting endemic species of coniferous and deciduous trees, in conjunction with bank stabilization, is recommended.

### **RECOMMENDATIONS**

- 1) West Fork Howe Creek should be managed as an anadromous, natural production stream.
- 2) The limited water temperature data available suggest that maximum temperatures are within the acceptable range for juvenile salmonids. To establish more complete and meaningful temperature regime information, 24-hour monitoring during the July and August temperature extreme period should be performed for 3 to 5 years.
- 3) Suitable size spawning substrate on West Fork Howe Creek is limited to relatively few reaches. Projects should be designed at suitable sites to trap and sort spawning gravel.
- 4) Increase woody cover in the pools and flatwater habitat units. Most of the existing cover is from boulders. Adding high quality complexity with woody cover is desirable.
- 5) Where feasible, design and engineer pool enhancement structures to increase the number of pools. This must be done where the banks are stable or in conjunction with stream bank armor to prevent erosion.
- 6) Inventory and map sources of stream bank erosion and prioritize them according to

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present and potential sediment yield. Identified sites should then be treated to reduce the amount of fine sediments entering the stream.

- 7) Active and potential sediment sources related to the road system need to be identified, mapped, and treated according to their potential for sediment yield to the stream and its tributaries.

### **COMMENTS AND LANDMARKS**

The following landmarks and possible problem sites were noted. All distances are approximate and taken from the beginning of the survey reach.

- 0' Begin survey at confluence with mainstem Howe Creek. Channel type is an A3 for the entire 2342' of stream surveyed.
- 35' Electrofishing site #1.
- 200' Large slide on right bank (RB); 100'L x 150'H. Has blocked stream channel in past.
- 304' Young-of-the-year (YOY) salmonids observed
- 552' Slide on left bank (LB); 120'L x 100'H. Contributing material directly into the stream channel.
- 562' (YOY) salmonids observed from streambank
- 767' Large boulder in stream channel; part of bank failures, possible fish barrier.
- 885' Electrofishing site #2.
- 1077' Dry tributary enters from LB
- 1776' Culvert (31'L x 18"dia.) installed in stream channel. All water is flowing through the road fill beneath the culvert. The culvert is a barrier to fish at current flow.
- 1785' Dammed pool created by road fill mentioned in above comment.
- 2342' No fish have been observed for 1100'. Flow decreasing. End of survey.

### **REFERENCES**

## **West Fork Howe Creek, Mainstem Eel River**

Flosi, G., S. Downie, J. Hopelain, M. Bird, R. Coey, and B. Collins. 1998. *California salmonid stream habitat restoration manual, 3rd edition*. California Department of Fish and Game, Sacramento, California.

Hopelain, J. 1995. Sampling levels for fish habitat inventory, unpublished manuscript. California Department of Fish and Game, Inland Fisheries Division, Sacramento, California.

Valentine, B. 1995. Stream substrate quality for salmonids: guidelines for sampling, processing, and analysis, unpublished manuscript. California Department of Forestry and Fire Protection, Santa Rosa, California.

### **LEVEL III and LEVEL IV HABITAT TYPE KEY**

HABITAT TYPE	LETTER	NUMBER
<b>RIFFLE</b>		
Low Gradient Riffle	[LGR]	1.1
High Gradient Riffle	[HGR]	1.2
<b>CASCADE</b>		
Cascade	[CAS]	2.1
Bedrock Sheet	[BRS]	2.2
<b>FLATWATER</b>		
Pocket Water	[POW]	3.1
Glide	[GLD]	3.2
Run	[RUN]	3.3
Step Run	[SRN]	3.4
Edgewater	[EDW]	3.5
<b>MAIN CHANNEL POOLS</b>		
Trench Pool	[TRP]	4.1
Mid-Channel Pool	[MCP]	4.2
Channel Confluence Pool	[CCP]	4.3
Step Pool	[STP]	4.4
<b>SCOUR POOLS</b>		
Corner Pool	[CRP]	5.1
Lateral Scour Pool - Log Enhanced	[LSL]	5.2
Lateral Scour Pool - Root Wad Enhanced	[LSR]	5.3
Lateral Scour Pool - Bedrock Formed	[LSBk]	5.4
Lateral Scour Pool - Boulder Formed	[LSBo]	5.5
Plunge Pool	[PLP]	5.6
<b>BACKWATER POOLS</b>		
Secondary Channel Pool	[SCP]	6.1
Backwater Pool - Boulder Formed	[BPB]	6.2
Backwater Pool - Root Wad Formed	[BPR]	6.3
Backwater Pool - Log Formed	[BPL]	6.4
Dammed Pool	[DPL]	6.5