M171 Harbor Seal Phoca vitulina
Family: Phocidae Order: Carnivora Class: Mammalia

Written by: M. L. Riedman
Reviewed by: H. Shellhammer
Edited by: J. Harris, R. Duke
Updated by: CWHR Program Staff, February 2005

**DISTRIBUTION, ABUNDANCE, AND SEASONALITY**

Fairly common, non-migratory pinnipeds found on California islands and along entire mainland coast. Results of a June 1984 census of California mainland and islands indicated that an estimated 25,000 harbor seals inhabited California coastal waters. A 1981 estimate indicated 10,000 harbor seals (Bonnell and Pierson 1981). Rarely seen in pelagic waters west of Channel Islands, prefer to remain close to shore in subtidal and intertidal habitats. Often swim into bays and estuaries, and sometimes venture into rivers in northern California. Frequently haul out in small to moderate-sized groups on emergent offshore and tidal rocks, mudflats, sandbars, and sandy beaches (Orr 1972).

**SPECIFIC HABITAT REQUIREMENTS**

**Feeding:** Forage opportunistically in shallow littoral waters on a variety of fish, crustaceans, and a few cephalopods; frequently eat benthic as well as schooling fishes such as flounder, sole, codfish, hake, sculpin, anchovy, and herring (Newby 1978, Bigg 1981, Riedman 1990). Small prey may be eaten whole underwater; larger prey consumed at surface. Tend to concentrate on one prey kind during each feeding period, and consume an amount of food equivalent to 5-6% of body weight per day (Spalding 1964, Maser et al. 1981). Under experimental conditions, adults dive up to 206 m (680 ft) for 30 min (Harrison and Kooyman 1968). Typical foraging dives last an average of 3 min., and usually take place in subtidal waters of 20 m (66 ft), or less (Carl 1964).

**Cover:** In the water, harbor seals usually occur singly, in mother-pup pairs, or occasionally in small groups. On land, groups of several to 250 individuals (Le Boeuf and Bonnell 1980) haul out on nearshore rocks, mudflats, or in sandy/cobble coves.

**Reproduction:** Courtship and mating activities appear to take place in the water (Riedman, 1990). Females usually give birth on land, often at low tide, although the newborn pups are able to swim immediately after birth. Small "nursery" groups of females and pups often are formed at a distance away from other seals (Knudtson 1974, Loughlin 1978).

**Water:** Freshwater is derived from prey, from inspired water vapor, and produced metabolically (Depocas et al. 1971).

**Pattern:** Prefer haul-out and breeding sites with unrestricted access to water in areas where human disturbance is minimal; easily disturbed or frightened into the water by human presence.

**SPECIES LIFE HISTORY**
Activity Patterns: Yearlong; probably circadian. Peak numbers haul out at low tides, particularly in the afternoon (Le Boeuf and Bonnell 1980).

Seasonal Movements/Migration: Although harbor seals are non-migratory, local movements of short to moderate distances occur, in relation to breeding activities and abundance of food resources (Paulbitski and Maguire 1972).

Home Range: No information found.

Territory: No information found regarding existence of aquatic territories. Although not territorial on land, at haul-out sites individuals generally maintain a spatial distance of several ft from other seals (Bigg 1981).

Reproduction: Breed from March to June in California; peak pupping occurs in April and May. Along the range, timing of breeding varies geographically and among local populations (Bigg and Fisher 1975, Shaughnessy and Fay 1977). Mating system is unknown; probably some form of polygamy. Females appear to give birth every yr to a single pup. Total gestation period is 11 mo, with a delay in implantation of 1.5 to 3 mo. Lactation lasts 4-6 wk. Soon after weaning their pup, females ovulate and mate (Knudtson 1974, Bigg 1981).

Niche: Preyed on by great white sharks (Le Boeuf et al. 1982). As top-level consumers in the kelp forest ecosystem, harbor seals play a role in enhancing diversity of organisms and overall productivity of the kelp forest.

REFERENCES


Species notes are designed to support the species-habitat relationships database models in the California Wildlife Habitat Relationships (CWHR) System and are also published within the current version of the CWHR software. Please cite as: California Department of Fish and Game. California Interagency Wildlife Task Group. 2005. California Wildlife Habitat Relationships version 8.1 personal computer program. Sacramento, California.